



BASEBALL VICTORIA | COVID-19 SAFETY MEASURES

- **Stay home if you're not feeling well.**
- **Maintain social distancing at all times. Keep at least 1.5 metres between you and others.**
- **Avoid physical contact – no tagging, team huddles or high fives.**
- **Wash your hands and use hand sanitiser.**
- **At training, all participants must use hand sanitiser before and after, as well as every 20 minutes during training.**
- **Do not share equipment. Keep your equipment sanitised by cleaning with a disinfectant cloth.**

Do your part to protect the baseball community and stay safe and healthy.



**Maintain 1.5m
physical
distancing**



**Maintain
hand
hygiene**



**Practise
respiratory
hygiene**



**Stay home
when sick**



**Download the
COVIDSafe app**

VISIT [BASEBALLVICTORIA.COM.AU](https://baseballvictoria.com.au) FOR MORE INFORMATION AND ALL COVID-19 UPDATES