

## INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS  
DATE: 4 JULY 2020  
FROM: BASEBALL VICTORIA  
SUBJECT: CONTINUED ACTIVITY UPDATE, REGISTRATION, COVID-19 CLUB RESOURCES, RAMP UP TO PLAY, ACADEMY, AED REMINDER, A MESSAGE FROM GLENFERRIE SPORTS AND SPINAL CLINIC

### Baseball Victoria Continued Activity Update

On Friday, 3 July 2020, Baseball Victoria shared the decisions of three winter associations on the future of the 2020 winter season. Melbourne Winter Baseball League (MWBL) and Dandenong Baseball Association (DBA) have canceled both their senior and junior seasons, while Geelong Baseball Association (GBA) has canceled the senior season in light of the continued COVID-19 crisis.

Bendigo Baseball Association, Latrobe Valley Baseball Association, North Eastern Baseball Association and Sunraysia Baseball League will continue junior activities while planning for seniors competition. All clubs across Victoria are able to continue their current training programs while following the Baseball Victoria Continued Activity/Return to Play guidelines. All members must register with Baseball Victoria prior to returning to activity.

“Baseball Victoria supports the decision of the winter associations MWBL, DBA and GBA to cancel part or all of their seasons,” Baseball Victoria CEO Kristie Middleton said. “We will look for ways to provide baseball opportunities to juniors throughout Victoria and seniors when appropriate.”

Baseball Victoria continues to liaise with the Victorian Summer Baseball League Clubs to confirm the commencement dates and details for summer baseball and discuss what today’s announcements may mean for the VSBL competition.

Any Baseball Victoria member who has previously held a dual registration between an association that has canceled the season and one that has not is able to continue to do so. No new dual registrations will be permitted.

Winter associations will provide further details on their senior and junior programs via their communication channels. Click [HERE](#) to view winter association details.

Baseball Victoria continues to monitor the evolving COVID-19 situation in the state, including the current stage three restrictions in place for 10 postcodes. Click [HERE](#) to read our update from 30 June 2020 on how these stay-at-home orders affect our continued activity.

Our full Continued Activity/Return to Play Plan and COVID-19 Club Resources are available [HERE](#). The Baseball Victoria COVID-19 Frequently Asked Questions have been updated – click [HERE](#) to review the changes.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click [HERE](#) to learn more.

## [2020 Return to Activity Registrations](#)

As a reminder, all members who wish to participate in training, including juniors returning to training and competition, must complete the Return to Activity registration. All players, coaches and club personnel must register before attending training to ensure they and their clubs are covered by insurance. Please click [HERE](#) to register.

## [COVID-19 Resources](#)

As we continue to navigate these challenging times together, we encourage our members to visit our website for COVID-19 resources.

Click [HERE](#) for our COVID-19 Club Resources page, which includes the Continued Activity/Return to Play Plan, club/training templates and mental health resources.

Click [HERE](#) for our COVID-19 General Information Hub with a comprehensive list of resources on staying healthy and following Government guidelines.

Please view other resources on our website:

- [COVID-19 Club Resources Page](#)
- [COVID-19 FAQ](#)
- [Return to Activity Conditions](#)
- [Club/Training Templates](#)
- [Return to Activity Printable Signage](#)

If you have any questions please contact Baseball Victoria, with full contact details available [HERE](#).

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website [HERE](#).

## [Ramp Up to Play Program](#)

Our *Ramp Up to Play: Drills and Exercises* Program helps players with their continued activity and return to play. Available on our [website](#) and [BV TV YouTube channel](#), this program is designed to progress players from periods of no throwing or returns from injury, with many helpful exercises to explore.

Click [HERE](#) to view all the details on our website and get ready to return to the field!

For more baseball content, follow Baseball Victoria on TikTok [HERE](#) and Instagram [HERE](#).



## Players Hit the Field for First Sessions of Baseball Victoria Aces Academy

The 2020 Baseball Victoria Aces Academy began on Sunday, 28 June, with 46 athletes attending the first socially distanced sessions at Melbourne Ballpark. The Baseball Victoria Aces Academy forms an integral part of the national performance pathway, and supports player development through rigorous training, dedicated skill work and high-level technology.

Players who are part of national squads, entering US College or have demonstrated considerable potential in state programs were invited to join the Academy. The Academy roster includes standout junior players like Genevieve Beacom, a pitcher who made her VSBL Division 1 Firsts debut last summer, and Conor Myles, the U18 MVP and Hitting Champion at the 2019 Australian Youth Championships, as well as national Emeralds players. “We’re looking forward to the Academy and seeing these players further develop and make the most of this opportunity,” Baseball Victoria Talent Development Manager Damian Shanahan said. “We want to prepare them for future pathways on state and national teams, as well as international programs.”

Click [HERE](#) to read more.

### Reminder on Defibrillator Batteries

We wish to remind clubs of the importance of keeping Automated External Defibrillators (AED) properly maintained. AED batteries should be checked regularly, ideally monthly, and clubs that have recently returned to activity or are planning a return in the coming weeks and months should confirm the AED batteries are okay. Follow these easy steps to check AED batteries:

1. Place your AED in a visible and unobstructed location
2. Verify the battery installation is correct
3. Check the status / service indicator light
4. Note the absence of the visual/ audio service alarm
5. Inspect exterior components and sockets for cracks
6. Confirm that you have two sets of sealed AED pads that have not expired
7. Keep accurate records and replace the AED battery as recommended for your particular device
8. Refer to the manufacturer manual for more information and proper maintenance procedures for your particular defibrillator

### A Message from Glenferrie Sports and Spinal Clinic

[Glenferrie Sports and Spinal Clinic](#) is a proud sponsor of Baseball Victoria and a strong supporter of the Victorian baseball community. Glenferrie Sports and Spinal Clinic and Symmetry Physiotherapy are the dual preferred providers of physiotherapy services for Baseball Victoria, offering exclusive discounts to all Baseball Victoria Aces Academy athletes. Matt Hopkinson, Principal of Glenferrie Sports and Spinal Clinic, is working with the 2020 Baseball Victoria Aces Academy athletes to deliver injury management and education. Click [HERE](#) to read more about the first academy sessions last weekend and how technology is playing a large role in determining where players’ strengths lie. Click [HERE](#) to read more.

### The BV Team

**Kristie Middleton** - CEO

**Tania Newcombe** - Financial Controller

**Damian Shanahan** – Talent Development Manager

**Kellie Thomas** - Operations Coordinator

**Rachael Bouley** - Communications and Digital Media Coordinator

**Stewart Howe** - Umpires Coordinator

**Greg Tinkler** – National Coaching Accreditation Coordinator

**Jo Schutt** – Sporting Schools Coordinator

