

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 10 JULY 2020

FROM: BASEBALL VICTORIA

SUBJECT: COVID-19 UPDATE, REGIONAL REGISTRATION, COVID-19

CLUB RESOURCES, ACTIVE CLUB GRANTS, COACHING

ACCREDITATION, BV TV

Baseball Victoria COVID-19 Update

Following Victorian Premier Daniel Andrews' announcements made on Tuesday, 7 July 2020, regarding the return to stage three lockdown restrictions in metropolitan Melbourne, Baseball Victoria confirmed the shutdown of all baseball activity in metropolitan Melbourne and the Mitchell Shire area for the next six weeks, starting at 11:59 PM on Wednesday, 8 July 2020.

This shutdown means no training for seniors or juniors, in-person committee meetings or club events. The Baseball Victoria Aces Academy has been postponed for the next six weeks. Click <u>HERE</u> for Academy details.

These restrictions apply to metropolitan Melbourne and the Mitchell Shire, while there have been no changes announced to current restrictions across regional Victoria.

This means Continued Activity in the form of non-contact training for seniors and full training and competition for juniors may move forward for Bendigo Baseball Association, Geelong Baseball Association, Latrobe Valley Baseball Association, North Eastern Baseball Association and Sunraysia Baseball League.

Baseball Victoria is seeking clarification with Sport and Recreation Victoria for any additional requirements on continued regional sport, and updates will be communicated accordingly.

Baseball Victoria continues to monitor the evolving COVID-19 situation and how it affects our baseball members and wider community. We remain in regular communication with the Winter Associations, Winter Clubs and Victorian Summer Baseball League Clubs to discuss these restrictions and how they apply to Victorian baseball.

Please click <u>HERE</u> to read our full COVID-19 update from Tuesday, 7 July.

In light of recent announcements and the continued COVID-19 crisis, Baseball Australia announced this week that the 2020 Australian Youth Women's and Women's Championships have been canceled. Click HERE for details.

Our full Continued Activity/Return to Play Plan and COVID-19 Club Resources are available HERE.

The Baseball Victoria COVID-19 Frequently Asked Questions have been updated – click <u>HERE</u> to review the changes.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click <u>HERE</u> to learn more.

2020 Return to Activity Registrations – Regional Victoria

Regional members are reminded that that anyone who wishes to participate in training, including juniors returning to training and competition, must complete the Return to Activity registration. All players, coaches and club personnel must register before attending training to ensure they and their clubs are covered by insurance. Please click HERE to register.

COVID-19 Resources

Our COVID-19 Club Resources page on our website will assist with our continued activity and return to play in regional Victoria, as it includes Return to Activity Conditions, Club/Training Templates and Return to Activity Printable Signage, available below:

- COVID-19 Club Resources Page
- COVID-19 FAQ
- Return to Activity Conditions
- <u>Club/Training Templates Regional Victoria</u>
- Return to Activity Printable Signage Regional Victoria

If you have any questions please contact Baseball Victoria, with full contact details available HERE.

You can also access information on keeping your family safe during the COVID-19 pandemic and mental health resources from the Victorian Department of Health and Human Services website <u>HERE</u>.

Three Victorian Baseball Clubs Receive VicHealth Active Club Grants

Baseball Victoria is pleased to share that three Victorian baseball clubs have been named as recipients of the VicHealth Active Club Grants.

This round, 153 community sport clubs throughout Victoria will share almost \$500,000 of funding, including Churchill Braves, Essendon Bombers and Pivot City Tip Rats Baseball Clubs. This valuable funding will help kickstart new initiatives and ensure Victorian sport clubs are well-positioned to help the community stay active and socially connected despite the COVID-19 challenges.

Baseball Victoria congratulates Churchill, Essendon and Pivot City Baseball Clubs on their successful grant applications, and we look forward to seeing these projects take shape in the future.

Click <u>HERE</u> to learn more about each club's project or program and how the Active Club Grants will make a difference to our baseball community.

Baseball Australia Adopts New Coaching Certification

Baseball Victoria welcomes Baseball Australia's adoption of the <u>USA Baseball Coaches Certification</u> <u>Program</u> as its recognised qualification at the participation level of the sport.

The three-tiered USA Baseball model will begin to roll out immediately, providing coaches across Victoria and the rest of Australia with a high-quality resource to develop their knowledge under a new partnership.

Under the move, coaches who have undertaken the Baseball Australia national coach accreditation scheme will have their certification recognised through to its expiry.

They will have six months from the time of it expiring to transition to the <u>USA Baseball coaches</u> <u>certification program</u>, which consists of <u>three certification levels</u> – A, B and C – and requires the completion of a series of courses, resources and programs.

Level A and B will be free of cost while level C, which will be available from January next year, is expected to have some costs for the practical assessment component.

For more details, please click **HERE**.

BV TV YouTube Channel

While regional Victoria may continue with training activities, we wish to remind our members of all the training videos available on our <u>BV TV YouTube channel</u>. In addition to our <u>At-Home Baseball Training</u>: <u>Drills and Exercises for the COVID-19 Break</u> from earlier this year, we also have our <u>Ramp Up to Play: Drills and Exercises</u> with a gradual build-up of volume and intensity. This includes videos featuring Dynamic Warm Up, Resistance Bands, Recovery and Wall Drills.

For more baseball content, follow Baseball Victoria on TikTok HERE and Instagram HERE.



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