

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 17 JULY 2020
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, REGIONAL REGISTRATION, COVID-19 CLUB RESOURCES, BV TV YOUTUBE, LEWIS THORPE MLB

Baseball Victoria COVID-19 Update

Baseball Victoria continues to closely monitor the evolving COVID-19 crisis and seek clarification on what current restrictions mean for baseball across the state.

Following last week's [announcement](#) on the return to stage three restrictions and subsequent shutdown of all baseball activity in Metropolitan Melbourne and the Mitchell Shire, Baseball Victoria has received confirmation from Sport and Recreation Victoria that a return to full-contact training and competition for seniors in regional Victoria, previously discussed as 20 July, will not be occurring.

Continued Activity in the form of non-contact training for seniors and full training and competition for juniors may move forward for Bendigo Baseball Association, Geelong Baseball Association, Latrobe Valley Baseball Association, North Eastern Baseball Association and Sunraysia Baseball League.

"We are closely following the daily COVID-19 developments so that we can provide our members with as much timely information as possible while protecting the health and wellbeing of our Victorian baseball community," Baseball Victoria CEO Kristie Middleton said. "While this year has been challenging, we remain dedicated to doing what's best for our baseballers. We hope we can move forward with more baseball activity in the next few months, as soon as it's safe and possible to do so."

There has been no new date set for the possibility of a return to senior competition in regional Victoria, however any updates from Sport and Recreation Victoria will be provided accordingly. All seniors returning to training and juniors returning to training and competition in regional Victoria must follow our current Continued Activity Plan guidelines, which are available [HERE](#) along with club training and competition attendance templates.

Baseball Victoria is closely tracking COVID-19 developments and any further updates will be made in accordance with government guidelines. Click [HERE](#) to read our full update.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click [HERE](#) to learn more.

2020 Return to Activity Registrations – Regional Victoria

As a reminder, all regional members who wish to participate in training, including juniors returning to training and competition in regional Victoria, must complete the Return to Activity registration. All players, coaches and club personnel must register before attending training to ensure they and their clubs are covered by insurance.

Please click [HERE](#) to register.

COVID-19 Resources

Our [COVID-19 Club Resources](#) page on our website will assist with our continued activity and return to play in regional Victoria, as it includes Return to Activity Conditions, Club/Training Templates and Return to Activity Printable Signage, available below:

- [COVID-19 FAQ](#)
- [Return to Activity Conditions](#)
- [Club/Training Templates – Regional Victoria](#)
- [Return to Activity Printable Signage – Regional Victoria](#)

If you have any questions please contact Baseball Victoria, with full contact details available [HERE](#).

You can also access information on keeping your family safe during the COVID-19 pandemic and mental health resources from the Victorian Department of Health and Human Services website [HERE](#).

BV TV YouTube Channel

While regional Victoria may continue with training activities, we wish to remind our members of all the training videos available on our [BV TV YouTube channel](#). In addition to our [At-Home Baseball Training: Drills and Exercises for the COVID-19 Break](#) from earlier this year, we also have our [Ramp Up to Play: Drills and Exercises](#) with a gradual build-up of volume and intensity. This includes videos featuring Dynamic Warm Up, Resistance Bands, Recovery and Wall Drills.

For more baseball content, follow Baseball Victoria on TikTok [HERE](#) and Instagram [HERE](#).

Victorian Lewis Thorpe One of Four Aussies in MLB Player Pool

Lewis Thorpe is one of four Australians named to a 60-man MLB player pool ahead of the 2020 MLB season that gets underway on 23 July.

The former Victorian State Team representative, who was a standout junior with Doncaster Dragons and Greenhills Montmorency Baseball Clubs, is on the Minnesota Twins' 40-man roster as the team prepares to open the shortened 2020 season at Chicago White Sox next Friday.

Thorpe signed with the Twins organisation in 2012 and overcame Tommy John surgery to work his way back up the Minor League ranks. He debuted against Chicago on 30 June 2019, two days after being promoted to the Majors. He impressed in his first outing, throwing five innings, giving up just two runs with seven strikeouts in an eventual 4-3 loss.

Click [HERE](#) to read more on Thorpe and his fellow Aussies chasing MLB dreams.

The BV Team

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