

INSIDE THE BV ZONE

TO:
DATE:
FROM:
SUBJECT:

BASEBALL VICTORIA MEMBERS 31 JULY 2020 BASEBALL VICTORIA COVID-19 UPDATE, REGIONAL REGISTRATION, COVID-19 CLUB RESOURCES, AUS X MLB, LIFEBLOOD TEAMS, BV TV YOUTUBE

Baseball Victoria COVID-19 Update

Baseball Victoria continues to closely monitor the COVID-19 crisis across the state, particularly Victorian Government restrictions and how they apply to baseball.

For Saturday, 1 August and Sunday, 2 August 2020 until 11.59 PM, junior baseball competition in regional Victoria will continue as scheduled, aside from the Bendigo Association whom have suspended play this weekend.

The Victorian Government recommends the use of masks in regional Victoria, and the players, officials, coaches, volunteers and necessary spectators in attendance are encouraged to wear a face covering.

From 11.59 PM on Sunday, 2 August 2020, face coverings will become mandatory for regional Victoria, and everyone 12 years of age and over will be required to wear a face covering. This will include on-field activities, and Baseball Victoria will provide additional clarification on when face covers will be required and how this will be managed as part of our junior competition.

Currently, a return to full contract training and competition for seniors has not been confirmed for regional Victoria. The Victorian Government intended to make announcements regarding senior play this week, however this has been postponed to an underdetermined timeframe and we will continue to keep the Victorian baseball community updated when we have more information.

Please view the Baseball Victoria COVID-19 Frequently Asked Questions <u>HERE</u> for details on training and junior competitions in regional Victoria as well as COVID-19 health questions, face masks and much more.

Click <u>HERE</u> for all of our COVID-19 updates. Any further developments will be communicated accordingly.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click <u>HERE</u> to learn more.

2020 Return to Activity Registrations – Regional Victoria

We also wish to remind all regional members, including seniors returning to training and juniors returning to training and competition in regional Victoria, that the Return to Activity registration must be completed. All players, coaches and club personnel must register before attending training to ensure they and their clubs are covered by insurance.

Please click <u>HERE</u> to register.

COVID-19 Resources

With all the challenges of COVID-19, we want to encourage our baseball community to access physical and mental health resources on our website, in addition to information on funding opportunities and state and federal sporting updates. For details on staying safe and healthy during these unique times, please check out our COVID-19 resources page <u>HERE</u>.

As a reminder, we also have more <u>club resources</u> on our website to assist with our continued activity and return to play in regional Victoria, as it includes Return to Activity Conditions, Club/Training Templates and Return to Activity Printable Signage, available below:

- COVID-19 FAQ
- <u>Return to Activity Conditions</u>
- <u>Club/Training Templates Regional Victoria</u>
- <u>Return to Activity Printable Signage Regional Victoria</u>

If you have any questions please contact Baseball Victoria, with full contact details available HERE.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

AUS x MLB: 31 July Update

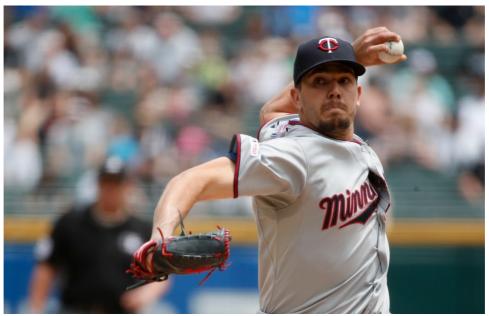
Now that the 2020 MLB season is officially underway, every Friday we will take you around the grounds to check in on how our Aussie representatives are doing on baseball's biggest stage as they chase their dreams and make their country proud.

Victorian Lewis Thorpe made his MLB season debut for the Minnesota Twins on Sunday 26 July against the Chicago White Sox, entering at the top of the sixth in relief of Kenta Maeda. Thorpe issued a walk to start the seventh but was able to get Danny Mendrick to ground into a double play.

In 2.2 innings pitched, Thorpe gave up one hit and two walks before exiting the mound, after a Jose Abreu ball back up the middle hit his left leg and left him limping. Fellow Aussie Aaron Whitefield scored his first big league run in the same game, which ended in a 14-2 Minnesota victory.

Thorpe recovered and entered Thursday's game against Cleveland, pitching two scoreless innings in his second outing of the season as the Twins fell to the Indians, 2-0.

Click <u>HERE</u> to read our full AUS x MLB update.



Victorian Lewis Thorpe enters his second MLB season. Photo: <u>Baseball.com.au</u>

Australian Red Cross Lifeblood's Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood's Teams Program</u>, which saves thousands of lives through blood and plasma donations every year. We wish to remind our Victorian baseball community of this opportunity to make a difference.

Please join us in giving back by donating blood. Click <u>HERE</u> to sign up today and join the Baseball Victoria Lifeblood Team as we look to reach 100 donations this year. Lifeblood is taking bookings for upcoming visits to Eltham (3 – 7 August) and Pakenham (10-21 August). Don't forget to pre-book your spot at <u>donateblood.com.au</u>, on the Lifeblood app or on 13 14 95. Please click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

BV TV YouTube Channel

While regional Victoria may continue with training activities, we wish to remind our members of all the training videos available on our <u>BV TV YouTube channel</u>. In addition to our <u>At-Home Baseball Training</u>: <u>Drills and Exercises for the COVID-19 Break</u> from earlier this year, we also have our <u>Ramp Up to Play</u>: <u>Drills and Exercises</u> with a gradual build-up of volume and intensity. This includes videos featuring Dynamic Warm Up, Resistance Bands, Recovery and Wall Drills. We hope you enjoy these videos to help with hitting, fielding, throwing and ball handling.

For more baseball content, follow Baseball Victoria on TikTok HERE and Instagram HERE.



The BV Team

Kristie Middleton - CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Stewart Howe - Umpires Coordinator Greg Tinkler – National Coaching Accreditation Coordinator Jo Schutt – Sporting Schools Coordinator







