

# INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS  
DATE: 7 AUGUST 2020  
FROM: BASEBALL VICTORIA  
SUBJECT: COVID-19 UPDATE, CLUB RESOURCES, BV TV YOUTUBE,  
AUS X MLB, KAYO

## Baseball Victoria COVID-19 Update

Following significant changes announced by the Victorian Government on Sunday, 2 August 2020, specifically the move to stage four restrictions in Melbourne and stage three restrictions in regional Victoria, Baseball Victoria confirmed the shutdown of all baseball activity across the state for at least the next six weeks.

Baseball Victoria is in regular communication with winter associations and winter/summer clubs to discuss the ever-changing landscape and how COVID-19 developments impact our sport, including the effect on the 2020/2021 VSBL season of summer baseball and our participation in national pathway events.

Baseball Victoria will remain in regular contact with Sport and Recreation Victoria and Vicsport to provide clarification for our members. The Victorian Government continues to monitor the restrictions and any changes will be made in line with the advice from health experts.

“As the COVID-19 pandemic develops, there are many changes that impact our Victorian baseball community, and we recognise how challenging this situation is for everyone,” Baseball Victoria CEO Kristie Middleton said. “As much as we miss baseball, our top priority is the health and wellbeing of our community. Staying home keeps everyone safe, and we will be here to support our Victorian baseballers during this difficult time.”

Baseball Victoria reminds members of the importance of checking in with one another and asking are you okay? A simple conversation can make a big difference during challenging situations. For more details on mental health resources and staying safe and healthy, please check out our COVID-19 resources page [HERE](#).

Please view the Baseball Victoria COVID-19 Frequently Asked Questions [HERE](#) for details on the shutdown of baseball activity as well as COVID-19 health questions, face masks and much more.

Click [HERE](#) for all of our COVID-19 updates. Any further developments will be communicated accordingly.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click [HERE](#) to learn more.

## COVID-19 Resources

We understand how challenging and overwhelming the move to stage four restrictions in Melbourne and stage three restrictions in regional Victoria may be as a result of the continued COVID-19 crisis. We encourage our baseball community to access physical and mental health resources on our website, in addition to information on funding opportunities and state and federal sporting updates.

There may be further help and resources available for our baseball community, as the Australian Government has announced additional funding for mental health organisations, including \$5 million funding for [Headspace](#), \$2 million for [Kids Helpline](#), \$2.5 million for [Lifeline](#) and \$2.5 million for [Beyond Blue](#). For details on staying safe and healthy during these unique times, please check out our COVID-19 resources page [HERE](#).

If you have any questions please contact Baseball Victoria, with full contact details available [HERE](#).

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website [HERE](#).

### **BV TV YouTube Channel**

While we stay home and stay safe for at least the next six weeks, we want to remind you of all the training videos available on our [BV TV YouTube channel](#). Our [At-Home Baseball Training: Drills and Exercises for the COVID-19 Break](#) series covers hitting, throwing, fielding and ball handling, with over 50 drills you can work on during lockdown. Click [HERE](#) to check out all our videos.

For more baseball content, follow Baseball Victoria on TikTok [HERE](#) and Instagram [HERE](#).

### **AUS x MLB: 7 August Update**

Although we are staying home for a while, we can still watch baseball as the 2020 MLB season continues, with three Aussies currently in the mix on baseball's biggest stage. This past week saw Victorian Lewis Thorpe make his first start of 2020 for the Minnesota Twins, while fellow Aussie Liam Hendriks recorded his fourth save and first win with the Oakland Athletics.

Click [HERE](#) to read our full AUS x MLB update.

### **MLB on Kayo**

If you're wondering where to watch MLB, [Kayo](#) has you covered with some of the biggest games streamed live each week. In addition to MLB Strikezone showings, the Australian sports streaming service has the following lineup for games this next week:

- St. Louis Cardinals v Chicago Cubs - Mon, 10 Aug, 9:00 AM
- Houston Astros v San Francisco Giants - Tue, 11 Aug, 11:00 AM
- Boston Red Sox v Tampa Bay Rays – Thu, 13 Aug, 9:30 AM
- Philadelphia Phillies v Baltimore Orioles - Fri, 14 Aug, 6:00 AM

Click [HERE](#) to check out Kayo and follow along with the MLB action live.

New to Kayo? Sign up for a free 14-day trial [HERE](#).

### **The BV Team**

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**Kellie Thomas** - Operations Coordinator

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