

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 21 AUGUST 2020 FROM: BASEBALL VICTORIA

SUBJECT: COVID-19 UPDATE, CLUB RESOURCES, VSBL PENNANT

COMMITTEE NOMINATIONS, LIFEBLOOD, BV TV YOUTUBE,

AUS X MLB

Baseball Victoria COVID-19 Update

As we remain under stage four restrictions in Melbourne and stage three restrictions in regional Victoria for at least the next few weeks, Baseball Victoria continues to work with the Victorian Government and all of our stakeholders to discuss future plans for an eventual return to activity and play.

Baseball Victoria recognises how challenging this time is for everyone, and we remain dedicated to supporting our Victorian baseball community throughout the COVID-19 pandemic and beyond. We recommend our members stay in touch with us and one another as we navigate these challenges together.

If you have any questions or concerns, please contact us.

You can view the Baseball Victoria COVID-19 Frequently Asked Questions <u>HERE</u> for details on the shutdown of baseball activity as well as COVID-19 health questions, face masks and much more.

Click HERE for all of our COVID-19 updates. Any further developments will be communicated accordingly.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click <u>HERE</u> to learn more.

COVID-19 Resources

While we miss baseball, everyone is doing their part by staying home and staying safe, and it's important to check in with one another. We encourage our baseball community to keep in touch with their clubs, families and friends to stay connected and strong. We also have physical and mental health resources on our website, as well as information on funding opportunities and state and federal sporting updates.

There may be further help and resources available for our baseball community, as the Australian Government recently announced additional funding for mental health organisations including <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u> and <u>Beyond Blue</u>. For more details on mental health resources and staying safe and healthy during these difficult times, please check out our COVID-19 resources page <u>HERE</u>.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website HERE.

Click **HERE** to view available grants and learn more about funding opportunities.

Pennant Committee Nominations

Baseball Victoria is pleased to call for VSBL Pennant Committee nominations. This is a fantastic opportunity to be more involved in the sport and work to ensure the most fair and accessible game possible. The VSBL Pennant Committee will work with Baseball Victoria to review rules and by-laws, which will be incredibly important moving forward in what will undoubtedly be a different summer season.

Nominations close Monday, 31 August. Click <u>HERE</u> to learn more and submit your nomination.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red</u> <u>Cross Lifeblood Teams Program</u>, which saves thousands of lives through blood and plasma donations every year.

We wish to remind our Victorian baseball community of this opportunity to make a difference. Lifeblood donations are an essential service continuing under current restrictions with proper guidelines in place.

Please join us in giving back by donating blood. Click <u>HERE</u> to sign up today and join the Baseball Victoria Lifeblood Team as we look to reach 100 donations this year.

You can book your blood bank appointment at donateblood.com.au, on the Lifeblood app or on 13 14 95. Please click HERE to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.



BV TV YouTube Channel

You can still work on your baseball skills during lockdown, with lots of training videos available on our <u>BV TV YouTube channel.</u> Our <u>At-Home Baseball Training: Drills and Exercises for the COVID-19 Break</u> series encompasses hitting, throwing, fielding and ball handling, with more than 50 different drills you can try during lockdown.

Click HERE to check out all our videos.

For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.



AUS x MLB: 21 August Update

The first four weeks of the 2020 MLB season have been massive, with two Aussies making our country proud on baseball's biggest stage. Victorian Lewis Thorpe has been working hard on the mound for the Minnesota Twins and WA's Liam Hendriks has notched his eighth save as the go-to closer for the Oakland Athletics.

Click **HERE** to read our full AUS x MLB update.

Don't forget you can get your MLB fix on <u>Kayo</u>, with the Australian sports streaming service bringing you some of the biggest games streamed live each week. In addition to MLB Strikezone showings, Kayo has the following lineup for games this next week:

- San Diego Padres v Houston Astros Monday, 24 August, 6:00 AM
- Atlanta Braves v Philadelphia Phillies Monday, 24 August, 9:00 AM
- Arizona Diamondbacks v Colorado Rockies Tuesday, 25 August, 11:30 AM
- San Francisco Giants v Los Angeles Dodgers Thursday, 27 August, 12:00 PM

Click **HERE** to check out Kayo and follow along with the MLB action live.

New to Kayo? Sign up for a free 14-day trial HERE.



Victorian Lewis Thorpe is chasing his dreams with the Minnesota Twins. Photo: Baseball.com.au

The BV Team

Kristie Middleton - CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Stewart Howe - Umpires Coordinator

Greg Tinkler – National Coaching Accreditation Coordinator

Jo Schutt – Sporting Schools Coordinator





