

INSIDE THE BV ZONE

TO:
DATE:
FROM:
SUBJECT:

BASEBALL VICTORIA MEMBERS
11 SEPTEMBER 2020
BASEBALL VICTORIA
COVID-19 UPDATE, MENTAL HEALTH RESOURCES, SPORTING
CLUB GRANTS, COMMUNITY SPORT SURVIVAL PACKAGE, BEN
LAUX - MOORABBIN, BV MEDIA, BV TV YOUTUBE, AUS X MLB

Baseball Victoria COVID-19 Update

Following Victorian Premier Daniel Andrews' announcements on Sunday and subject to some commentary from today, Friday 11 September outlining the roadmap for easing COVID-19 restrictions across metro and regional Victoria, we are working on how these changes apply to community sport and baseball activities across the state over the coming months.

Once we have all the necessary clarifications and have consulted with Victoria's baseball cubs and community, we will provide further updates and our own roadmap for returning to baseball.

Currently the environment remains the same in regional and metropolitan Victoria, as per our FAQs and our Return to Activity/Return to Play documentation.

Please click <u>HERE</u> for all of our COVID-19 updates and Victorian Government resources.

If you have any questions or concerns, please contact us.

You can view the Baseball Victoria COVID-19 Frequently Asked Questions <u>HERE</u> for details on the shutdown of baseball activity as well as COVID-19 health questions, face masks and much more.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click <u>HERE</u> to learn more.

Mental Health Resources

This past Thursday marked <u>#RUOKDay</u>, and we want to remind our members to reach out and check in on family, friends, teammates and co-workers. Knowing what to say next allows you to help someone who is struggling with life's ups and downs, whether it be a fellow baseballer or a loved one. This is so important, especially now as lockdown continues in what has been a challenging year.

For more information from R U OK? and mental health resources, visit our COVID-19 resources page <u>HERE</u>.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

SRV Sporting Club Grants Program

There are several funding opportunities available, including the Sport and Recreation Victoria Sporting Club Grants Program. These grants can be used to enhance the accessibility of Victorian clubs and increase the skills of their coaches, officials and managers, as well as the purchase of sports uniforms and equipment. Applications close Tuesday, 29 September. Click <u>HERE</u> to learn more about Sporting Club Grants.

Community Sport Survival Package

Funding is also available through the second round of the Community Sport Survival Program as part of the Victorian Government's Experience Economy Survival Package. These grants are designed to support community sporting clubs and associations to survive the economic impacts of the COVID-19 pandemic and help them reboot, rebound and recover.

Grants of up to \$2,000 are available for associations and leagues and grants of up to \$1,000 are available for individual clubs and community sporting and active recreation organisations. A top-up grant of \$1,000 for associations and leagues and \$500 for clubs and community sporting and active recreation organisations will be provided automatically to grant recipients from the first round of funding.

Applications close Friday, 16 October 2020 at 5:00 PM. Click <u>HERE</u> to learn more about the Community Sport Sector Short-term Survival Package.

Baseball Victoria encourages clubs to consider this funding opportunity and how it could make a difference during these uncertain times.

For a full list of available grants from Sport and Recreation Victoria and other funding, click <u>HERE</u>.

Ben Laux Embraces Coaching and Club Community at Moorabbin

Ben Laux is looking forward to getting back on the diamond.

As club coach for Moorabbin Panthers Baseball Club, Laux hopes to build on the success of the 2019/20 VSBL season as he prepares for an eventual return to baseball activity once restrictions ease. He remains focused on building confident players and fostering a strong sense of teamwork and community on and off the field.

"You get so much out of the game if you give of yourself. Whether it's being the best player you can be for your team or assisting other players to give the same, you get so much back," Laux said. "I'm learning more and more about coaching all the time and I'm continually adapting."

Click <u>HERE</u> to read the full story.

Baseball Victoria Media and Story Requests

Baseball Victoria is committed to sharing more stories from around the Victorian baseball community. We invite clubs to share their story ideas and nominate players, coaches, volunteers and officials for profile pieces, so we can highlight the heroes of our Victorian baseball and showcase the amazing stories from clubs across the state. Please submit your story ideas <u>HERE</u>.

Don't forget to connect with us on all of our platforms – learn more on our media page HERE.

BV TV YouTube Channel

Concentrate on your baseball skills during lockdown with all of the training videos available on our <u>BV TV</u> <u>YouTube channel.</u>

The <u>At-Home Baseball Training: Drills and Exercises for the COVID-19 Break</u> series covers hitting, throwing, fielding and ball handling, with more than 50 different drills you can try.

Click <u>HERE</u> to check out the BV TV training videos. For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.



AUS x MLB: 11 September Update

There's just weeks to go in the shortened 2020 MLB season, and the two teams with Aussies on their 40man rosters remain in the playoff picture. Victorian Lewis Thorpe has pitched 16.1 innings for the Minnesota Twins, currently sitting second in the AL Central, while WA's Liam Hendriks is up to his 12th save of the year after being named MLB's American League Reliever of the Month for August.

Click <u>HERE</u> to read today's AUS x MLB update.

Don't forget you can get your MLB fix on <u>Kayo</u>, with the Australian sports streaming service bringing you some of the biggest games streamed live each week. In addition to MLB Strikezone showings, Kayo has the following lineup for next week:

- Los Angeles Dodgers v Houston Astros Monday, 14 September, 9:00 AM AEST
- San Diego Padres v Los Angeles Dodgers Thursday, 17 September, 6:00 AM AEST
- Philadelphia Phillies v New York Mets Thursday, 17 September, 9:00 AM AEST
- Los Angeles Angels of Anaheim v Arizona Diamondbacks Thursday, 17 September, 12:00 PM AEST

Click <u>HERE</u> to check out Kayo and follow along with the MLB action live. New to Kayo? Sign up for a free 14-day trial <u>HERE</u>.

The BV Team

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