

# INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 16 OCTOBER 2020 FROM: BASEBALL VICTORIA

SUBJECT: COVID-19 UPDATE, VALE JACINDA BARCLAY, MENTAL HEALTH

RESOURCES, AVAILABLE GRANTS, CLUB ADS, BV MEDIA, BV TV,

**LIFEBLOOD** 

## **Baseball Victoria COVID-19 Update**

Baseball Victoria continues to closely monitor the evolving COVID-19 situation and updates from the Baseball Victoria, working with Sport and Recreation Victoria and the associated Victorian Government departments that have been assisting Victoria throughout this global pandemic, continue to prepare for a return to activity and a return to play for baseball.

Clubs are currently reviewing draft fixtures for a planned returned to baseball after a four-week training window, where all baseball players, coaches, officials and volunteers will register to train for free with their club.

Until we are able to confirm the format and official start date for the hybrid 2020/2021 COVID season, we will continue to plan our return to activity, looking first at our options to train.

At this stage, indications from the Victorian Government's scheduled update on Sunday, 18 October 2020 are positive for Victorians to receive some easing of the restrictions, but it's not clear how these will apply to sport or if they will be suitable to start club training. We are hopeful that it will allows clubs to continue to prepare club facilities for our imminent return.

Click <u>HERE</u> to read all the latest updates from the Victorian Premier. Click <u>HERE</u> for all of our COVID-19 updates and Victorian Government resources.

If you have any questions or concerns, please <u>contact us</u>. You can view the Baseball Victoria COVID-19 Frequently Asked Questions <u>HERE</u> for details on the current restrictions, health questions, face masks and much more.

As a reminder, the COVIDSafe app is now available and will allow authorities to quickly track and control the spread of COVID-19. Please consider downloading the app to help save lives, protect the community and get baseball back as soon as possible. Click <u>HERE</u> to learn more.

### Vale Jacinda Barclay

Five-time Emeralds World Cup representative Jacinda Barclay passed away this week. Barclay was 29.

The Australian baseball community extends its deepest sympathies to Barclay's family, friends and teammates during this difficult time.

Barclay made her World Cup debut as a 17-year-old in 2008 and was part of the Emeralds' silver medal winning team in 2010. She went on to play three more World Cups in 2012, 2014 and 2016.

West Australian-born Barclay regularly represented her state at the Australian Women's Championship and also played football for the Chicago Bliss in the Legends Football League and Greater Western Sydney in the AFL Women's competition.

Barclay also played in Victoria and remained in baseball where she was selected in New South Wales' squad for the cancelled 2020 Australian Women's Championship after playing with Greenway Giants in the Women's NSW State Baseball League last summer.

If you or someone you know is in need of help, call Lifeline on 131 114, visit <a href="www.lifeline.org.au/gethelp">www.lifeline.org.au/gethelp</a>, or phone Beyond Blue on 1300 224 636.

#### **Mental Health Resources**

We know this has been a challenging year we continue to navigate the challenges of this pandemic and look ahead to life post-lockdown. As part of mental health week, we want to remind you of the many mental health resources available on our website, including information from <a href="Beyond Blue">Beyond Blue</a>, <a href="Headspace">Headspace</a>, <a href="Kids Helpline">Kids Helpline</a>, <a href="Lifeline">Lifeline</a> and <a href="R U OK?">Lifeline</a> and <a href="R U OK?">R U OK?</a>

This is a difficult time on top of the normal challenges of everyday life, and it's important to prioritise your mental health and emotional wellbeing as well as physical health. Staying in contacting with family, friends and teammates can make a big difference.

For more on mental health, visit our COVID-19 resources page HERE.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

## **Available Grants**

Don't forget there are several funding schemes available, including VicHealth Reimagining Health grants of up to \$3K, \$10K or \$50K for local clubs organisations that have ideas for creating meaningful social connection, providing opportunities for physical activity or addressing food security issues.

Local sporting organisations and clubs are encouraged to view the <u>grant guidelines</u> and apply before applications close on Tuesday, 27 October at 11:59 PM. Early applications may be assessed and notified of the outcome prior to the closing date, so apply early for the fastest outcome.

Click **HERE** to learn more and view suggestions for grassroots baseball clubs.

There are several other funding opportunities available that may assist clubs in preparing for the future. Click <u>HERE</u> to view all available grants.

## **Club Coaching Ads**

Chelsea Baseball Club is accepting applications for a suitably qualified, dedicated and experienced person to fill the role as a playing or non-playing summer head coach commencing 2020/21 season for up to two years. The successful applicant must possess strong management, leadership and interpersonal skills on and off the field.

Applications close Friday, 30 October 2020 at 6:00 PM and more information is available HERE.

## **Baseball Victoria Media and Story Requests**

There are so many awesome stories throughout the Victorian baseball community, and we look forward to sharing more with our members. We encourage clubs to share their story ideas and nominate players, coaches, volunteers and officials for profile pieces, so we can highlight these great stories from across the state. Please submit your story ideas <u>HERE</u>.

Don't forget to connect with us on all of our platforms – learn more on our media page HERE.

## **BV TV YouTube Channel**

There is a wide variety of resources and Victorian baseball videos on the BV TV YouTube channel.

We have more than 50 different drills covering hitting, throwing, fielding and ball handling as part of the <u>At-Home Baseball Training: Drills and Exercises for the COVID-19 Break</u> series, which you can view <u>HERE</u>.

We are also pleased to have a variety of playlists on BV TV, including Victorian Baseball History with a feature on the Carlton Baseball Club, and the 2020 Baseball Victoria Awards highlights including an interview with MLB pitcher Lewis Thorpe and words from our Division One and Women's Division One MVPs.



For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.

#### **Australian Red Cross Lifeblood Teams Program**

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which saves thousands of lives through blood and plasma donations every year.

As a reminder, we can make a difference by donating blood, which is an essential service continuing under current restrictions with proper safety guidelines in place.

Please join us in giving back through blood donation. Click <u>HERE</u> to sign up today and join the Baseball Victoria Lifeblood Team as we look to reach 100 donations this year.

You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app or on 13 14 95.

Please click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

## **The BV Team**

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