

# INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 27 NOVEMBER 2020 FROM: BASEBALL VICTORIA

SUBJECT: REGISTRATION, FIXTURE UPDATES, COVID-19 VSBL UPDATE,

RAMP UP TO PLAY, MENTAL HEALTH RESOURCES, BV MEDIA,

**LIFEBLOOD** 

#### **VSBL Return to Play Registration**

Baseball Victoria's Return to Play Registration is now open for all players and clubs wishing to compete in the 2020/21 VSBL season. All players must be registered to play before participating in any games to comply with Victorian Government and Baseball Victoria COVIDSafe guidelines, found in our Return to Play Plan HERE.

Players who registered for the free return to training may now finalise their return to play registration by clicking <u>HERE</u>.

Players who have not yet registered to return to training and would like to do so before committing to play this season may register <u>HERE</u>.

Fees for Baseball Victoria and Baseball Australia are frozen at the same rates as last summer and the senior team fees are reduced by 50% with the junior team fees completely removed – junior teams are free for 2020/21. These significant reductions will allow clubs to determine their fees with these reduced costs, to pass those onto players as part of their overall club fees. Exact club fees have been determined by clubs and may appear online as part of club's SportsTG registration.

We have updated our frequently asked questions with information on registering to return to play. Click <u>HERE</u> for details.

## **VSBL Fixture Updates**

All senior fixtures can be viewed <u>HERE</u>. Please note work continues on charter fixtures for Eastern Athletics, Southern Mariners and Twins. Baseball Victoria is working with the charters to finalise fixtures and we hope to have these live on Monday, 30 November 2020.

Baseball Victoria maintains a record of all fixture adjustments for the 2020/21 VSBL season on our website. This page will continue to be updated in the coming weeks. You can view the comprehensive list of changes on our website <a href="HERE">HERE</a>.

## **Baseball Victoria VSBL COVID-19 Update**

Baseball Victoria released the <u>2020/21 VSBL senior fixtures</u> at the start of this week following the welcome news on the easing of restrictions allowing for our return to play across metropolitan Melbourne.

As we prepare for the start of summer baseball next weekend, Baseball Victoria will continue to provide guidance and support for VSBL clubs and our community so we can safely navigate this COVID season all the way through to finals in March.

Fixtures are available HERE.

"Baseball Victoria is excited to get the VSBL season started after a challenging year. We have been preparing for this alongside our VSBL clubs and stakeholders to ensure a safe return to play," Baseball Victoria CEO Kristie Middleton said. "Our Victorian baseball community has been patiently waiting to get back on the field. A safe and fair competition remains our top priority, and we thank our VSBL clubs for their continued cooperation and we wish everyone the best of luck this season."

Registration is now open for our return to play – please note all players and club officials must be registered with SportsTG to return to training and play. Click <u>HERE</u> to learn more.

Click <u>HERE</u> to view our frequently asked questions, which are regularly updated.

To view the outline on the easing of restrictions provided by the Victorian Government, click HERE.

# **Ramp Up to Play**

As we head back to the baseball field and get ready for the VSBL season, remember you can view a variety of training videos on the <u>BV TV YouTube channel</u>, including our <u>At-Home Baseball Training: Drills and Exercises for the COVID-19 Break</u> and <u>Ramp Up to Play</u> series.

We also have many other playlists on BV TV such as <u>Victorian Baseball History</u> and the <u>2020 Baseball Victoria Awards</u> highlights featuring an interview with <u>MLB pitcher Lewis Thorpe</u>.

For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram HERE.



## **Mental Health Resources**

Despite all the challenges of this year, we hope our Victorian baseballers are looking forward to the season and getting back to the sport we all love.

As restrictions continue to ease, we wish to remind our members to stay in touch and check in with friends and family to see how they are doing mentally. It's good to talk about mental health and emotional wellbeing even as the situation in Victoria improves.

Please check out the mental health resources available on our website, including information from Beyond Blue, Headspace, Kids Helpline, Lifeline and R U OK?

For more on mental health, visit our COVID-19 resources page HERE.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

## **Baseball Victoria Media and Story Requests**

We are just one week out from the summer season and there will be lots of great baseball stories to tell this summer and beyond. We encourage our clubs and community members to submit story ideas and nominate players, coaches, volunteers and officials for profile pieces. This allows us to share even more stories from baseballers across the state.

Please submit your story ideas HERE.

You can connect with us on all our platforms – learn more on our media page HERE.

## **Australian Red Cross Lifeblood Teams Program**

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which saves thousands of lives nationwide through blood and plasma donations every year.

When we joined Lifeblood Teams earlier this year, we shared our goal of reaching 100 donations in 2020. Well, thanks to the generous support of the Victorian baseball community, we surpassed our goal earlier this month with 102 lives saved so far. This is a great result but there is still more we can do, especially as Lifeblood urgently needs more blood donations with supplies running low. All blood types are needed every day, and now is a great time to get involved and make a lifechanging difference.

Lifeblood's True Colours campaign will run through the end of this month.

Please join us in giving back through blood donation. Click <u>HERE</u> to sign up today and join the Baseball Victoria Lifeblood Team. You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app or on 13 14 95. Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.



# **The BV Team**

**Kristie Middleton - CEO** 

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Stewart Howe - Umpires Coordinator

**Greg Tinkler** – National Coaching Accreditation Coordinator

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