

INSIDE THE BV ZONE

TO:
DATE:
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SUBJECT:

BASEBALL VICTORIA MEMBERS 18 DECEMBER 2020 BASEBALL VICTORIA 2020/21 VSBL SEASON, BV OFFICE CLOSURE, NATIONAL SHOWCASE SERIES – VICTORIA ROSTERS, RAMP UP TO PLAY, MENTAL HEALTH RESOURCES, BV MEDIA, LIFEBLOOD

2020/21 VSBL Season

We have had two fantastic weeks of the 2020/21 VSBL season so far, and we hope our Victorian baseballers are enjoying the return to play as we adjust to our COVID normal. We wish all teams the best of luck in the final round of play before the holiday break, and we look forward to getting back on the field in the new year.

Click <u>HERE</u> to catch up on recaps on our website and don't forget to follow the <u>Victorian Summer Baseball</u> <u>League Facebook</u> page for results, updates and more.

As a reminder, the <u>VSBL Playing Conditions</u> were updated for the 2020/21 VSBL season with COVID rule updates. These changes comply with the <u>Baseball Victoria Return to Play Plan</u> and Victorian Government guidelines.

Click <u>HERE</u> to view the updated COVID rules for the 2020/21 VSBL season and click <u>HERE</u> for a summary of changes as a single document. The updated Little League Playing Conditions are also available <u>HERE</u>.

Details on the streamlined score submission process and timelines are available HERE.

All players must be registered to play before participating in any games, as outlined in our Return to Play Plan <u>HERE</u>. If they haven't done so already, players who registered for the free return to training may now finalise their return to play registration by clicking <u>HERE</u>.

Players who have not yet registered to return to training and would like to do so before committing to play this season may register <u>HERE</u>.

We have updated our frequently asked questions with information on registering to return to play. Click <u>HERE</u> for details. Further registration information is available <u>HERE</u>.

All fixtures for the 2020/21 VSBL season are available <u>HERE</u>. Please note there have been several more fixture changes made this week as requested by clubs, and a comprehensive list of fixture updates is available <u>HERE</u>.

Information on the new <u>free QR Code Service</u> from the Victorian Government is available <u>HERE</u> for clubs to consider for visitors to changerooms, canteens and clubhouses.

Click <u>HERE</u> to view all of our VSBL updates and click <u>HERE</u> to view all of our COVID-19 updates, including information on the Victorian Government's easing of restrictions and the <u>Summary of COVIDSafe</u> <u>Summer Restrictions</u>.

Best of luck and please enjoy this last weekend of baseball ahead of the break!

Baseball Victoria Office Closure

The Baseball Victoria Office will be closed from Monday, 21 December 2020 until Monday, 4 January 2021. Urgent matters should be directed to the Baseball Victoria CEO Kristie Middleton via email: kristie.middleton@baseballvictoria.com.au.

The VSBL Club and Competition Manager will conclude any matters for this weekend's VSBL Round 3 on Monday, 21 December 2020. Please reach out to the Competition Manager or the Baseball Victoria CEO if you have any questions.

Baseball Victoria would like to wish everyone a Merry Christmas and a Happy New Year! We hope all of our baseballers enjoy a happy and safe holiday with their family and friends.

Team Rosters Announced for National Showcase Series – Victoria

Earlier this week, Baseball Victoria announced the team rosters for the National Showcase Series – Victoria from Tuesday, 5 January – Wednesday, 13 January 2021 at Melbourne Ballpark.

Congratulations to all players who were named to the U16 and U18 teams ahead of an exciting showcase designed to give athletes extensive high performance and development opportunities with exposure to college and professional scouts.

Click <u>HERE</u> to view the full team rosters and learn more about the National Showcase Series – Victoria.

Ramp Up to Play – BV TV

As we head into the holiday break, we encourage our Victorian baseballers to keep up with their training using resources on the <u>BV TV YouTube channel</u>, including our <u>At-Home Baseball Training</u> and <u>Ramp Up to</u> <u>Play</u> series.

We also have many other playlists on BV TV such as <u>Victorian Baseball History</u> and <u>MLB pitcher Lewis</u> <u>Thorpe</u>. For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.



Mental Health Resources

After a challenging year, the holiday break is well-deserved, and we hope our baseballers can take this time to catch up with family and friends. Even as we enjoy the summer and our new COVID normal, it's important to encourage open conversations about mental health and emotional wellbeing.

Please check out the mental health resources available on our website, including information from <u>Beyond Blue</u>, <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u> and <u>R U OK?</u>

For more on mental health, visit our COVID-19 resources page <u>HERE</u>.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

Baseball Victoria Media and Story Requests

With a big summer season ahead, we are pleased to share highlights and stories with our Victorian baseball community. We encourage our members to follow along on our website and social media platforms for the latest news.

If something exciting happens at your club or you wish to see a fellow player, coach, volunteer or umpire recognised for their contributions to grassroots baseball, please feel free to submit your story ideas <u>HERE</u>.

You can connect with us on all our platforms – learn more on our media page HERE.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which saves thousands of lives nationwide through blood and plasma donations every year.

When we joined Lifeblood Teams earlier this year, we set a goal of 100 donations in 2020. Thanks to the generous support of the Victorian baseball community, we surpassed our goal last month and have now saved 111 lives, which is a fantastic result but there is still more to be done.

All blood types are needed daily, and now's the time to get involved and save lives through a great cause.

We encourage our Victorian baseballers to consider giving the gift of life this holiday season.

Click <u>HERE</u> to sign up today and join the Baseball Victoria Lifeblood Team.

You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app or on 13 14 95.

Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

The BV Team

Kristie Middleton – CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Craig Haydock – Club and Competitions Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Stewart Howe - Umpires Coordinator Greg Tinkler – National Coaching Accreditation Coordinator Jo Schutt – Sporting Schools Coordinator





