

# INSIDE THE BV ZONE

TO:
DATE:
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SUBJECT:

BASEBALL VICTORIA MEMBERS 22 JANUARY 2021 BASEBALL VICTORIA 2020/21 VSBL SEASON, AUSTRALIAN WOMEN'S CHAMPIONSHIP STAFF, ABL SCHEDULE, RAMP UP TO PLAY, MENTAL HEALTH RESOURCES, LIFEBLOOD

## 2020/21 VSBL Season

The 2020/21 VSBL season returned from the holiday break last weekend with plenty of exciting baseball action, and we're looking forward to the rest of the summer season.

As a reminder, last week we released an updated version of the playing conditions, which are available along with a summary of changes <u>HERE</u>.

All players must be registered to play before participating in any games, as outlined in our Return to Play Plan <u>HERE</u>. If they haven't done so already, players can finalise their return to play registration by clicking <u>HERE</u>.

Please click <u>HERE</u> to view season fixtures and click <u>HERE</u> to view our frequently asked questions.

Don't forget to check our <u>website</u>, <u>Facebook</u>, and <u>Instagram</u> for VSBL updates, scores, recaps and more.

Best of luck this weekend to all our VSBL teams and players!

### 2021 Australian Women's Championship – Coach/EO Applications

Baseball Victoria is now accepting applications for head coach, assistant coaches and executive officer positions for the 2021 Australian Women's Championship being held in West Beach, South Australia from Friday, 2 April – Friday, 9 April 2021.

Baseball Victoria will be sending one team to the Australian Women's Championship. The team's staff will consist of one head coach, two assistant coaches and one executive officer.

Appointed coaches and executive officers will be required to assist by coordinating, implementing, and attending trials, training sessions, and other events as directed by Baseball Victoria. They will be required to coordinate and service the team during the Australian Women's Championship.

All coaches are required to have current coaching accreditation and must comply with all child protection legislation requirements.

Interested individuals are encouraged to apply, with applications closing on Wednesday, 27 January 2021.

Click <u>HERE</u> to apply.

### Australian Baseball League Season

The 2020/21 ABL season has been extended with a revamped playoff format. Click <u>HERE</u> for all the latest details.

Check out the Melbourne Aces schedule <u>HERE</u> and view ticket options <u>HERE</u>.

# Ramp Up to Play – BV TV

With our VSBL teams back on the field, many baseballers are focused on training and staying in good shape for finals. Don't forget we have a variety of training resources on the <u>BV TV YouTube</u> channel, including our <u>At-Home Baseball Training</u> and <u>Ramp Up to Play</u> series.

For more baseball content, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>. If there's something you'd like to see, feel free to let us know <u>HERE</u>.

You can connect with us on all our platforms – learn more on our media page HERE.

# Mental Health Resources

It's wonderful to have community sport back as we adjust to our COVID normal. Even so, it's important to think and talk about mental health with those around you. You can view the mental health resources available on our website, including information from <u>Beyond Blue</u>, <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u> and <u>R U OK?</u>

For more on mental health, visit our COVID-19 resources page <u>HERE</u>.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

# Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which provides life-saving blood and plasma donations to thousands of Australians every year.

We surpassed our 2020 goal of 100 donations and already this year our donations have saved nine lives. All blood types are needed daily, and now is a great time to get involved and save lives for a meaningful cause.

We encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team <u>HERE.</u>

You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app, or on 13 14 95.

Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

# The BV Team

Kristie Middleton – CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Craig Haydock – Club and Competitions Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Stewart Howe - Umpires Coordinator Greg Tinkler – National Coaching Accreditation Coordinator







