

INSIDE THE BV ZONE

TO: DATE: FROM: SUBJECT: BASEBALL VICTORIA MEMBERS 8 JANUARY 2021 BASEBALL VICTORIA NATIONAL SHOWCASE SERIES – VICTORIA, 2020/21 VSBL SEASON, RAMP UP TO PLAY, MENTAL HEALTH RESOURCES, BV MEDIA, LIFEBLOOD

National Showcase Series – Victoria

The 2021 National Showcase Series – Victoria started this week with 80 athletes in the U16 and U18 age groups taking to the field for an exciting high performance experience.

The National Showcase Series – Victoria replaces the cancelled 2021 Australian Youth Championship and offers development opportunities including skills showcasing and tournament play.

Data collection took place on Tuesday and Wednesday before the first games on Thursday, with the tournament continuing over the weekend through to next Wednesday, 13 January 2021.

Following these state events, the Under 16 and 18 National Junior Squads will be selected from participating players.

Read more about the first week of the showcase <u>HERE</u>.

For more details on the National Showcase Series – Victoria and to follow along with the games on GameChanger, click <u>HERE</u>.



2020/21 VSBL Season

We hope our Victorian baseballers had a great holiday season and are enjoying the break. The 2020/21 VSBL season resumes next weekend and we are looking forward to continuing a great summer of baseball.

As a reminder, all players must be registered to play before participating in any games, as outlined in our Return to Play Plan <u>HERE</u>. If they haven't done so already, players who registered for the free return to training may finalise their return to play registration by clicking <u>HERE</u>.

Players who have not yet registered to return to training and would like to do so before committing to play this season may register <u>HERE</u>.

Click <u>HERE</u> to view our frequently asked questions and further registration information.

All fixtures for the 2020/21 VSBL season are available HERE.

Don't forget to follow the <u>Victorian Summer Baseball League Facebook</u> page for results, updates and more.

Ramp Up to Play – BV TV

As we come back from the holiday break, remember you can check out our <u>BV TV YouTube</u> training resources, including our <u>At-Home Baseball Training</u> and <u>Ramp Up to Play</u> series.

We also have many other playlists on BV TV such as <u>Victorian Baseball History</u> and <u>MLB pitcher Lewis</u> <u>Thorpe</u>. For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.



Mental Health Resources

As we continue to navigate our COVID world this new year, please remember to look after your mental health and those around you. You can view the mental health resources available on our website, including information from Beyond Blue, Headspace, Kids Helpline, Lifeline and R U OK?

For more on mental health, visit our COVID-19 resources page HERE.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

Baseball Victoria Media and Story Requests

Heading into the rest of the summer season, we wish to remind our members about our BV story request submission link <u>HERE</u>. If there is a member of your club or baseball community you wish to see featured on our website and social media platforms, please let us know!

We are excited to share more highlights and stories from across the state and we encourage our members to follow along on our website and social media for the latest news.

You can connect with us on all our platforms – learn more on our media page HERE.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which saves thousands of lives nationwide every year with blood and plasma donations.

We surpassed our 2020 goal of 100 donations and we look forward to making an even greater difference this year. All blood types are needed daily, and now's a great time to get involved and save lives through a great cause.

We encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team <u>HERE.</u>

You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app or on 13 14 95.

Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

The BV Team

Kristie Middleton – CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Craig Haydock – Club and Competitions Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Stewart Howe - Umpires Coordinator Greg Tinkler – National Coaching Accreditation Coordinator Jo Schutt – Sporting Schools Coordinator





