

# INSIDE THE BV ZONE

TO: DATE: FROM: SUBJECT: BASEBALL VICTORIA MEMBERS 15 JANUARY 2021 BASEBALL VICTORIA NATIONAL SHOWCASE SERIES – VICTORIA, 2020/21 VSBL SEASON, RAMP UP TO PLAY, MENTAL HEALTH RESOURCES, BV MEDIA, LIFEBLOOD

## National Showcase Series – Victoria

The 2021 National Showcase Series – Victoria wrapped up on Wednesday following a two-day skills showcase and seven-day tournament. 80 athletes across the U16 and U18 age groups took part in the high performance event, which served as a valuable replacement to the cancelled 2021 Australian Youth Championship.

The final standings were: U16 Mosquitoes (5-4), U18 Hornets (5-4), U16 Catalinas (4-5) and U18 Spitfires (4-5).

Showcase data collection was standardised nationally and will be used in the selection of showcase participants for the U16 and U18 National Junior Squads. Player performance at the showcase will also be used as one component of evaluation for potential invites to the 2021 Baseball Victoria Aces Academy.

Baseball Victoria Talent Development Manager Damian Shanahan is pleased with the players' dedication and hard work over the course of the showcase.

"Our U16 and U18 athletes were determined to improve and make the most of the showcase," Shanahan said. "We were able to gather valuable data and give players a platform to showcase their skills as they keep working toward their baseball goals. I have no doubt these players will continue to make progress in the future, and we look forward to continuing our high performance programs."

Click <u>HERE</u> to check out the scores and full rosters of participating players.



## 2020/21 VSBL Season

The 2020/21 VSBL season returns from the break this weekend, and we wish all teams and players the best of luck as they get back on the field.

Please note Baseball Victoria has released an updated version of the playing conditions, which are available along with a summary of changes <u>HERE</u>.

There are several other key updates for clubs, including:

- Clearance closing date the final date for clearances is Wednesday, 20 January 2021. Clubs are
  not permitted to approach players regarding a clearance between 21 January 2021 and the
  completion of playoffs.
- Player eligibility two or more teams from the same club in the same division must nominate core players as per the VSBL Playing Conditions. Clubs are to nominate their core seven players by Wednesday, 20 January 2021. Division 1 Seconds, Division 2 Seconds and Division 3 Seconds must nominate their designated pitchers by Wednesday, 20 January 2021.
- Fines fines will be reinforced as per the playing conditions for not submitting scores or match sheets on time, failing to provide a scorer or umpire when required, and uniform breaches.

For all VSBL rules and admin, click <u>HERE</u>.

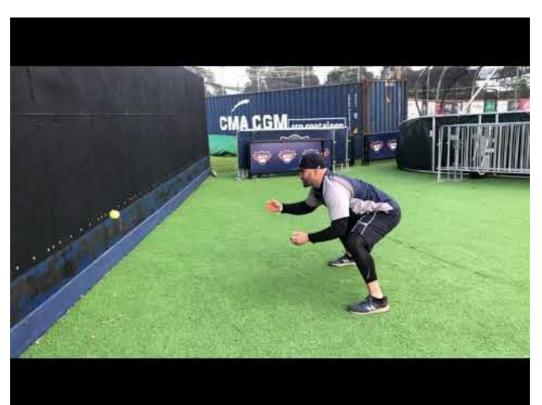
As a reminder, all players must be registered to play before participating in any games, as outlined in our Return to Play Plan <u>HERE</u>. If they haven't done so already, players who registered for the free return to training may now finalise their return to play registration by clicking <u>HERE</u>.

Please click <u>HERE</u> to view season fixtures and click <u>HERE</u> to view our frequently asked questions, including updates to mask requirements in Victoria.

# <u>Ramp Up to Play – BV TV</u>

As the 2020/21 VSBL season ramps up, remember you can check out our <u>BV TV YouTube</u> training resources, including our <u>At-Home Baseball Training</u> and <u>Ramp Up to Play</u> series.

We also have many other playlists on BV TV such as <u>Victorian Baseball History</u> and <u>MLB pitcher Lewis</u> <u>Thorpe</u>. For more baseball content and to stay connected with us, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.



#### Mental Health Resources

While the COVID situation has improved considerably in Victoria in recent months, the past year has had lots of ups and downs, which is why it's important to look after your mental health and those around you. You can view the mental health resources available on our website, including information from <u>Beyond</u> <u>Blue</u>, <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u> and <u>R U OK?</u>

For more on mental health, visit our COVID-19 resources page HERE.

You can also access information on keeping your family safe during the COVID-19 pandemic from the Victorian Department of Health and Human Services website <u>HERE</u>.

# **Baseball Victoria Media and Story Requests**

Going into the rest of the summer season, we wish to remind our members about our BV story request submission link <u>HERE</u>. If there is a member of your club or baseball community you wish to see featured on our website and social media platforms, please share your ideas with us!

We are excited to share more highlights and stories from across the state and we encourage our members to follow along on our website and social media for the latest news from the Victorian baseball community.

You can connect with us on all our platforms – learn more on our media page HERE.

We also have our club advertisements page <u>HERE</u> including details on an upcoming fundraiser at <u>Port</u> <u>Melbourne Mariners Baseball Club</u>.

## Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which saves thousands of lives nationwide every year with blood and plasma donations.

We surpassed our 2020 goal of 100 donations and already this year our donations have saved nine lives. This is a chance to make a difference as all blood types are needed daily, and now is a great time to get involved and save lives for a meaningful cause.

We encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team <u>HERE</u>. You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app or on 13 14 95.

Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

# The BV Team

Kristie Middleton – CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Craig Haydock – Club and Competitions Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Stewart Howe - Umpires Coordinator Greg Tinkler – National Coaching Accreditation Coordinator Jo Schutt – Sporting Schools Coordinator







