

# INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS  
DATE: 29 JANUARY 2021  
FROM: BASEBALL VICTORIA  
SUBJECT: 2020/21 VSBL SEASON, RAMP UP TO PLAY, MENTAL HEALTH RESOURCES, PORT MELBOURNE PINK SPORTS DAY, WILL CAVANAGH – GEELONG, AUSTRALIAN MASTERS GAMES, LIFEBLOOD

## 2020/21 VSBL Season

We've enjoyed a safe and successful VSBL season so far and we're looking forward to more awesome baseball action as finals draw closer.

As a reminder, all clubs and members must adhere to the COVIDSafe policies outlined in our Return to Play Plan [HERE](#). This includes proper hand sanitizing, cleaning, recordkeeping, and capacity limits. This allows us to keep our baseballers and the wider community safe, and ensure baseball activity can continue under Victorian Government guidelines throughout the summer. Please check your club hand sanitizer stocks and ensure all guidelines are being followed appropriately.

For more information, please view our frequently asked questions [HERE](#).

Please click [HERE](#) to view season fixtures and click [HERE](#) to view VSBL rules and admin. VSBL forms are available [HERE](#).

Don't forget to check our [website](#), [Facebook](#), and [Instagram](#) for VSBL updates, scores, recaps and more.

Best of luck this weekend to all our VSBL teams and players!

## Ramp Up to Play – BV TV

With our VSBL teams getting back to business on the field, many baseballers are focused on training and sharpening their skills ahead of finals. Feel free to check out all the training resources on the [BV TV YouTube](#) channel, including our [At-Home Baseball Training](#) and [Ramp Up to Play](#) series.

For more baseball content, please follow Baseball Victoria on TikTok [HERE](#) and Instagram [HERE](#). If there's something you'd like to see, please let us know [HERE](#).

You can connect with us on all our platforms – learn more on our media page [HERE](#).

## Mental Health Resources

We are happy to have community sport back as part of our COVID normal, however, we still want to recognise the importance of mental health and checking in with family and friends after some challenging times. Please view the mental health resources available on our website, including information from [Beyond Blue](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#) and [R U OK?](#)

For more on mental health, visit our COVID-19 resources page [HERE](#).

Click [HERE](#) for health information from the Victorian Department of Health and Human Services.

## [Pink Sports Day at Port Melbourne Baseball Club](#)

Port Melbourne Baseball Club is raising funds and awareness for Australians affected by breast cancer through a special Pink Sports Day this weekend, building on the success of last year's event, which raised \$1,000 for [Breast Cancer Network Australia](#) (BCNA).

The second annual event is set for Sunday, 31 January starting at 12:30pm at the Mariners home ground at Murphy Reserve. Pink Sports Day is a worthwhile cause for the club as breast cancer has directly affected several of its members. This is also an opportunity to pay tribute to and thank the women who tirelessly support the club.

Click [HERE](#) to learn more about Port Melbourne's Pink Sports Day.

## [Will Cavanagh Shines With the Baycats and U16 Catalinas](#)

Will Cavanagh has high hopes for his baseball future, and his beloved Geelong Baycats Baseball Club is supporting him along the way.

Known to the Baycats by his nickname of "Will The Thrill," the 14-year-old baseballer has had a big summer so far, playing in the VSBL U16 State and seniors competition for Geelong as well as participating in the 2021 National Showcase Series – Victoria.

Cavanagh embraced the high performance opportunity as part of the U16 Catalinas at the showcase. "I found the National Showcase to be a really good experience and I had a lot of fun participating. It was definitely a new experience being a part of the showcase and one I will remember for a long time," Cavanagh said.

Read more about Cavanagh's baseball journey [HERE](#).



*Photo: Will Cavanagh and the U16 Catalinas at the 2021 National Showcase Series – Victoria.*

## [2021 Australian Masters Games](#)

2021 [baseball entries](#) are now open for the 2021 Australian Masters Games.

Australia's multisport festival will take place from 9-16 October 2021 in Perth, WA. More than 8,000 participants are expected to head west to enjoy this exciting sport and social program.

Participants just need to meet the minimum age requirement to join in the fun.

**Baseball details are:**

Dates: Saturday 9 – Saturday 16 October

Venue: Empire Ballpark (Corner Nicholson and Wilfred Roads, Thornlie WA 6108)

Minimum age 35 years (determined as at 31 December 2021).

"We are looking forward to the 2021 Australian Masters Game along with our colleagues at Baseball WA. We are excited for a big week of baseball and are pleased to support the WA baseball community," Baseball Victoria CEO Kristie Middleton said.

For more info, please click [HERE](#).



**Australian Red Cross Lifeblood Teams Program**

Baseball Victoria is proud to be part of the [Australian Red Cross Lifeblood Teams Program](#), which provides life-saving blood and plasma donations to thousands of Australians every year.

We surpassed our 2020 goal of 100 donations and already this year our donations have saved 15 lives. All blood types are needed daily, and now is the time to get involved and save lives through a meaningful cause.

We encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team [HERE](#).

You can find pop-up clinics in your area or book your blood bank appointment at [donateblood.com.au](https://donateblood.com.au), on the Lifeblood app, or on 13 14 95.

Click [HERE](#) to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

**The BV Team**

**Kristie Middleton** – CEO

**Tania Newcombe** - Financial Controller

**Damian Shanahan** – Talent Development Manager

**Craig Haydock** – Club and Competitions Manager

**Kellie Thomas** - Operations Coordinator

**Rachael Bouley** - Communications and Digital Media Coordinator

**Stewart Howe** - Umpires Coordinator

**Greg Tinkler** – National Coaching Accreditation Coordinator

