

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 13 FEBRUARY 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, AT-HOME BASEBALL TRAINING, MENTAL HEALTH RESOURCES, MELBOURNE ACES CLAXTON SHIELD

Baseball Victoria COVID-19 Update

Following announcements made by Victorian Premier Daniel Andrews on Friday 12 February 2021, Baseball Victoria confirms that all baseball activity has been cancelled for the next five days to comply with the Victorian lockdown that came into effect at 11:59 PM on Friday.

The lockdown is currently set to expire at 11:59 PM on Wednesday, 17 February 2021 and Baseball Victoria will provide further details as they are made available.

The restrictions now in effect across Victoria are:

- Only four reasons to leave home (within 5km radius of home unless not available within):
 - shopping for necessary goods
 - caregiving/compassionate reasons
 - essential work
 - two hours of exercise
- No public or private gatherings
- No community sport

“With the fast-moving COVID situation, it’s so important that our community stays safe. We have done this before and we can get through it again together as a community,” Baseball Victoria CEO Kristie Middleton said. “Please stay home and stay safe while we monitor updates from the Victorian Government. Baseball Victoria will continue to work with clubs and stakeholders to provide timely updates throughout the lockdown and adjust our Return to Play Plan accordingly, including information on the future of the VSBL season, rescheduling games, ladders, eligibility and fees.”

As per the VSBL COVID Policy, Baseball Victoria acknowledges that VSBL ladder positions are determined on winning percentage and the result of games cancelled during this period will be considered as no game and entered into SportsTG by Baseball Victoria as a wash-out.

Full details on the Victorian Government alert, including exposure sites and testing information, are available [HERE](#).

An updated COVIDSafe Plan is available on our website [HERE](#). We expect detailed clarification within this plan in the coming days and will update the documentation when those details are available.

Click [HERE](#) to view our frequently asked questions.

We encourage our members to stay in touch with one another and prioritise their mental health. Click [HERE](#) for mental health resources.

To view more COVID-19 resources from the Victorian Government, click [HERE](#).

[At-Home Baseball Training](#)

As we stay home and stay safe for the next five days, we encourage our members to keep up with their training using our [At-Home Baseball Training](#) on the [BV TV YouTube Channel](#). Check out our collection of hitting, fielding, throwing, and ball handling drills, as well as more baseball videos, interviews, and highlights [HERE](#).

For more training resources and baseball content, please follow Baseball Victoria on TikTok [HERE](#) and Instagram [HERE](#). If there's something you'd like to see, please let us know [HERE](#). You can connect with us on all our platforms – learn more on our media page [HERE](#).



[Mental Health Resources](#)

We recognise that this snap lockdown may cause challenges for Victorians after the ups and downs of the last 12 months. We are hopeful this circuit breaker will put us in a better position in the coming weeks, but even as we stay safe, it's important to acknowledge mental health and the value of check-in conversations with family and friends.

Please view the mental health resources available on our website, including information from [Beyond Blue](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#) and [R U OK?](#) For more on mental health, visit our COVID-19 resources page [HERE](#).

Click [HERE](#) for health information from the Victorian Department of Health and Human Services.

[Melbourne Aces – ABL Champions](#)

Congratulations to our hometown ABL team Melbourne Aces on winning back to back championships with a 9-2 win over Perth Heat as the Claxton Shield stays in Victoria for another year.

Read the full game recap on our website [HERE](#).

[The BV Team](#)

Kristie Middleton – CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Craig Haydock – Club and Competitions Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Stewart Howe - Umpires Coordinator

Greg Tinkler – National Coaching Accreditation Coordinator

