

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 19 FEBRUARY 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, AT-HOME BASEBALL TRAINING, MENTAL HEALTH RESOURCES, BV BOARD DIRECTORS, SPORTING CLUB GRANTS, BONBEACH BLUEJAYS PAST PLAYERS DAY, LIFE BLOOD

Baseball Victoria COVID-19 Update

All baseball activity across the state has resumed following the five-day lockdown as Victoria returns to COVIDSafe summer restrictions.

Face mask requirements remain in indoor public spaces and outdoors when you cannot maintain 1.5m social distancing. For all baseball activity in Victoria, face masks must be worn at all times when inside club facilities, including clubrooms, changerooms, canteens, and scorer's boxes.

When social distancing cannot be maintained in the dugout or on the field, players and coaches must wear a mask. All baseball participants must carry a mask with them when they leave the house.

According to the Premier, restrictions will be reviewed Friday, February 26. Click [HERE](#) to view the full statement from the Premier.

Click [HERE](#) to view our COVIDSafe Plan and click [HERE](#) to view our frequently asked questions.

To view more COVID-19 resources from the Victorian Government, click [HERE](#).

At-Home Baseball Training

While we are back to training and game play, you can still work on your baseball skills anytime using our [At-Home Baseball Training](#) on the [BV TV YouTube Channel](#). Check out our collection of hitting, fielding, throwing, and ball handling drills, as well as more baseball videos, interviews, and highlights [HERE](#).

For more training resources and baseball content, please follow Baseball Victoria on TikTok [HERE](#) and Instagram [HERE](#). If there's something you'd like to see, please let us know [HERE](#). You can connect with us on all our platforms – learn more on our media page [HERE](#).

Mental Health Resources

It's great to see the success of the circuit breaker lockdown in preventing community spread and allowing us to get back on the field, however we recognise the continued challenges that many people are facing. That's why prioritizing mental health and checking in with family and friends remains so important.

Please view the mental health resources available on our website, including information from [Beyond Blue](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#) and [R U OK?](#)

For more on mental health, visit our COVID-19 resources page [HERE](#).

Click [HERE](#) for health information from the Victorian Department of Health and Human Services.

Expressions of Interest Open for Baseball Victoria Board of Directors

The Board of Baseball Victoria is seeking expressions of interest for the following board positions:

- Board Director - Portfolio: Finance
- Board Director - Casual Vacancy

Applications close Monday, 1 March 2021. Click [HERE](#) to view more details on these positions and the application criteria.

SRV Sporting Club Grants Program

Applications are now open for the next round of funding through the Sport and Recreation Victoria Sporting Club Grants Program.

According to the [Sport and Recreation Victoria website](#), these grants can assist in the purchase of sports uniforms and equipment and be used to improve the capacity and accessibility of Victorian clubs and other community sport and recreation organisations to increase the skills of their coaches, officials and managers.

Applications close Thursday, 18 March 2021 at 5:00pm. Click [HERE](#) to learn more about Sporting Club Grants.

Past Players Day at Bonbeach

Bonbeach Baseball Club is celebrating 60 years with Past Players Day on Saturday, 27 February 2021. Current players and all who have played at the club over the years are invited to join in to watch some great baseball games and enjoy dinner and drinks.

Click [HERE](#) to learn more.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the [Australian Red Cross Lifeblood Teams Program](#), which provides life-saving blood and plasma donations to thousands of Australians every year. We surpassed our 2020 goal of 100 donations and already our donations have saved 30 lives in 2021.

All blood types are needed daily, and we encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team [HERE](#).

You can find pop-up clinics in your area or book your blood bank appointment at donateblood.com.au, on the Lifeblood app, or on 13 14 95.

Click [HERE](#) to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

The BV Team

Kristie Middleton – CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Craig Haydock – Club and Competitions Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Stewart Howe - Umpires Coordinator

Greg Tinkler - National Coaching Accreditation Coordinator

