

INSIDE THE BV ZONE

TO: DATE: FROM: SUBJECT: BASEBALL VICTORIA MEMBERS 26 FEBRUARY 2021 BASEBALL VICTORIA 2020/21 VSBL SEASON, BV TV, MENTAL HEALTH RESOURCES, VICTORIAN SPORT AWARDS, BV BOARD DIRECTORS, SPORTING CLUB GRANTS, CLUB EVENTS, LIFEBLOOD

Baseball Victoria COVID-19 Update

There are just a few weeks left in the VSBL season and we hope everyone has a great finish to summer baseball. We're looking forward to finals as Victoria returns to COVIDSafe summer restrictions, with Premier Daniel Andrews announcing further easing of restrictions today.

From 11:59pm tonight, Victoria will return to previous COVIDSafe settings, with masks only required on public transport and in aged care facilities, rideshare vehicles and large retail settings including indoor shopping centres, supermarkets and department stores. While masks will no longer be mandated in most circumstances, the Victorian Government continues to recommend face masks for indoors and outdoors when distancing can't be maintained.

Click <u>HERE</u> to read the Premier's full statement.

As a reminder, all VSBL clubs and members must adhere to the COVIDSafe policies outlined in our Return to Play Plan. This includes proper hand sanitizing, cleaning, recordkeeping, and capacity limits, which allow us to keep our baseball community safe and do our part to support Victoria's COVID normal. Please check your club hand sanitizer stocks and ensure all guidelines are being followed appropriately.

All of these details are outlined in our Return to Play documents available <u>HERE</u>. For more information, please view our frequently asked questions <u>HERE</u>.

Please click <u>HERE</u> to view season fixtures and click <u>HERE</u> to view VSBL rules and admin. VSBL forms are available <u>HERE</u>.

Don't forget to check our <u>website</u>, <u>Facebook</u>, and <u>Instagram</u> for VSBL updates, scores, recaps and more.

Good luck this weekend to all our VSBL teams and players!

Baseball Training on BV TV

With training and game play back in full swing and finals not far off, many baseballers are trying to finish the season strong. Work on your baseball skills anytime using our <u>At-Home Baseball Training</u> and <u>Ramp</u> <u>Up to Play</u> series on the <u>BV TV YouTube Channel</u>.

Check out our collection of hitting, fielding, throwing, and ball handling drills, as well as more baseball videos, interviews, and highlights <u>HERE</u>.

For more training resources and baseball content, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>.



If there's something you'd like to see, please let us know <u>HERE</u>. You can connect with us on all our platforms – learn more on our media page <u>HERE</u>.

Mental Health Resources

It's fantastic to get back to COVID normal and enjoy the community sport we all love. Even so, we recognise the continued challenges that many people are experiencing, which is why mental health remains a top priority.

Please view the mental health resources available on our website, including information from <u>Beyond</u> <u>Blue</u>, <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u> and <u>R U OK?</u>

For more on looking out for one another and talking about mental health, visit our COVID-19 resources page <u>HERE</u>.

Click <u>HERE</u> for health information from the Victorian Department of Health and Human Services.

Nominations for Victorian Sport Awards

Nominations for the 2020 Victorian Sport Awards are open until Friday, 5 March 2021.

Each year the Victorian Sport Awards honour those who have made an outstanding contribution to sport in Victoria as an individual or team. These awards recognise athletes, coaches, administrators and volunteers from both metropolitan and regional areas in Victoria.

Vicsport will present these awards on Tuesday, 25 May 2021. For more information on the awards and to nominate someone from the Victorian baseball community, click <u>HERE</u>.

Expressions of Interest Open for Baseball Victoria Board of Directors

The Board of Baseball Victoria is seeking expressions of interest for the following board positions:

- Board Director Portfolio: Finance
- Board Director Casual Vacancy

Applications close Monday, 1 March 2021. Click <u>HERE</u> to view more details on these positions and the application criteria.

SRV Sporting Club Grants Program

Applications are now open for the next round of funding through the Sport and Recreation Victoria Sporting Club Grants Program.

According to the <u>Sport and Recreation Victoria website</u>, these grants can assist in the purchase of sports uniforms and equipment and be used to improve the capacity and accessibility of Victorian clubs and other community sport and recreation organisations to increase the skills of their coaches, officials and managers.

Applications close Thursday, 18 March 2021 at 5:00pm. Click <u>HERE</u> to learn more about Sporting Club Grants.

Club Events

There are several upcoming club events on our club advertisements page, including Bonbeach Baseball Club's Past Players Day to celebrate 60 years and Waverley Baseball Club's Ladies Day Cancer Fundraiser on Saturday, 6 March at Napier Park. The event will raise funds for Breast Cancer Network Australia with raffles, market stalls, grazing boards and baseball action.

Click <u>HERE</u> for more info.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which provides life-saving blood and plasma donations to thousands of Australians every year.

Overall 2020 was another record-breaking year with members of Lifeblood Teams giving life 581,105 times. We exceeded our 2020 goal of 100 donations and already our donations have saved 30 lives this year.

All blood types are needed daily, and we encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team <u>HERE</u>.

You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app, or on 13 14 95.

Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

The BV Team

Kristie Middleton – CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Craig Haydock – Club and Competitions Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Stewart Howe - Umpires Coordinator Greg Tinkler – National Coaching Accreditation Coordinator







