

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 5 FEBRUARY 2021 FROM: BASEBALL VICTORIA

SUBJECT: 2020/21 VSBL SEASON, ABL PLAYOFFS AT MELBOURNE

BALLPARK, RAMP UP TO PLAY, MENTAL HEALTH RESOURCES,

AUSTRALIAN MASTERS GAMES, LIFEBLOOD

2020/21 VSBL Season

We hope everyone has enjoyed the summer season so far as we look forward to a few more actionpacked weeks of games before finals.

As a reminder, all VSBL clubs and members must adhere to the COVIDSafe policies outlined in our Return to Play Plan. This includes proper hand sanitizing, cleaning, recordkeeping, and capacity limits, which allow us to keep our baseball community safe and do our part to support Victoria's COVID normal. Please check your club hand sanitizer stocks and ensure all guidelines are being followed appropriately.

All of these details are outlined in our most recently updated Return to Play document, available on our website HERE.

For more information, please view our frequently asked questions **HERE**.

Please click <u>HERE</u> to view season fixtures and click <u>HERE</u> to view VSBL rules and admin. VSBL forms are available <u>HERE</u>.

Don't forget to check our website, Facebook, and Instagram for VSBL updates, scores, recaps and more.

Good luck this weekend to all our VSBL teams and players!

ABL Playoffs at Melbourne Ballpark

Victoria will host the revamped 2021 Australian Baseball League Playoffs at Melbourne Ballpark from 11-14 February with the support of the Victorian Government.

The four-team double elimination bracket will culminate in the Championship Game on Sunday, 14 February as our hometown team aims for back-to-back Claxton Shield titles.

The Melbourne Aces will play at 7pm on both Thursday 11 February and Friday 12 February, regardless of the result. Should the Aces win both games, they'll play for the Claxton Shield on Sunday at 3pm.

Click **HERE** to view the full playoff bracket and get your tickets today.

Ramp Up to Play – BV TV

With just over a month until the start of VSBL finals, many baseballers are working hard at training and our <u>At-Home Baseball Training</u> and <u>Ramp Up to Play</u> series on the <u>BV TV YouTube</u> channel can help. For more training resources and baseball content, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>. If there's something you'd like to see, please let us know <u>HERE</u>.

You can connect with us on all our platforms – learn more on our media page HERE.

Mental Health Resources

It's wonderful to be back on the field and have community sport back as part of our COVID normal, however, we still want to recognise the importance of mental health and checking in with family and friends.

Please view the mental health resources available on our website, including information from Beyond Blue, Headspace, Kids Helpline, Lifeline and R U OK?

For more on mental health, visit our COVID-19 resources page HERE.

Click HERE for health information from the Victorian Department of Health and Human Services.

2021 Australian Masters Games

As a reminder, 2021 baseball entries are now open for the 2021 Australian Masters Games.

Australia's multisport festival will take place from 9-16 October 2021 in Perth, WA. More than 8,000 participants are expected to head west to enjoy this exciting sport and social program. Participants just need to meet the minimum age requirement to join in the fun.

Baseball details are:

Dates: Saturday 9 - Saturday 16 October

Venue: Empire Ballpark (Corner Nicholson and Wilfred Roads, Thornlie WA 6108)

Minimum age 35 years (determined as at 31 December 2021).

For more info, please click HERE.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is proud to be part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which provides life-saving blood and plasma donations to thousands of Australians every year. We surpassed our 2020 goal of 100 donations and already this year our donations have saved 21 lives.

All blood types are needed daily, and we encourage our Victorian baseballers to consider giving the gift of life by signing up to join the Baseball Victoria Lifeblood Team <u>HERE.</u>

You can find pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app, or on 13 14 95.

Click <u>HERE</u> to learn more about Lifeblood's extra safety measures to ensure the health and wellbeing of donors.

The BV Team

Kristie Middleton - CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager **Craig Haydock** – Club and Competitions Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Stewart Howe - Umpires Coordinator

Greg Tinkler – National Coaching Accreditation Coordinator





