

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 11 JUNE 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, MENTAL HEALTH RESOURCES, AVAILABLE GRANTS, BV TV, LIFE BLOOD

Baseball Victoria COVID-19 Update

As Baseball Victoria continues to closely monitor the COVID situation, we are pleased that lockdown restrictions have eased in metropolitan Melbourne, allowing for a limited return to training.

The current restrictions in metropolitan Melbourne are:

- 25km travel radius from place of primary residence, which means people in metropolitan Melbourne cannot travel to regional Victoria over the long weekend.
- Masks must be worn indoors and outdoors at all times.
- Density limits in public settings including workplaces and restaurants.
- Community sport: training only, no competition permitted and 25km limit applies. Limited to the number required to participate in and facilitate activity.

In metropolitan Melbourne, participants will not be able to train if that training is conducted more than 25km from their primary residence. Each of the metropolitan winter associations will provide an update on their training recommencement.

In regional Victoria, community sport has opened for all ages both training and competition, without travel into metropolitan Melbourne and within venue caps.

The Victorian Government has provided this [Table of Restrictions from 11:59pm on Thursday 10 June 2021](#) which defines the changes for regional Victoria and metropolitan Melbourne.

The updated Return to Play COVIDSafe Plan and more resources are available [HERE](#). Click [HERE](#) for the full update, including information on exposure sites, testing and vaccines.

Mental Health Resources

We hope everyone in our baseball community can stay safe and healthy as we navigate these challenging times and look ahead to a safe return to community sport. We encourage our members to stay in touch with their loved ones and teammates, and check out the variety of mental health resources available, including [R U OK?](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#), and [Beyond Blue](#).

View a comprehensive list of mental health resources from the Department of Health and Human Services and Victorian State Government [HERE](#).

Available Grants

There are several funding opportunities available, including the second of the Victorian Government's \$21 million Get Active Kids Voucher Program. The program offers vouchers to help eligible kids get involved in organised sport and recreation activities by providing up to \$200 towards the cost of membership and registration fees, sports equipment or uniforms (new or second-hand).

Applications are now open [HERE](#) until 5pm on Friday 9 July 2021. Applicants can claim eligible expenses incurred between 1 January 2021 and 9 July 2021. Click [HERE](#) to view more available grants.

Baseball Training on BV TV

Victorian baseballers can keep training any time with our [At-Home Baseball Training](#) and [Ramp Up to Play](#) videos on [BV TV](#). There are plenty of hitting, fielding, throwing, and ball handling drills to help you maintain and improve your baseball skills. You can also check out the 2021 Baseball Victoria Awards Night Livestream and highlights [HERE](#). For more baseball content, follow us on [TikTok](#) and [Instagram](#).



Australian Red Cross Lifeblood Teams Program

Baseball Victoria is a proud member of the [Australian Red Cross Lifeblood Teams Program](#), which provides life-saving blood and plasma donations to thousands of Australians every year. Our donations have already saved 99 lives in 2021 and we look forward to saving more in the coming months, as Australia needs 31,000 blood donations every week.

Learn more about Lifeblood safety measures [HERE](#) and sign up to join the Baseball Victoria Lifeblood Team [HERE](#). You can find future pop-up clinics in your area or book your blood bank appointment at donateblood.com.au, on the Lifeblood app, or on 13 14 95.

The BV Team

Kristie Middleton – CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Sam Gillett – Baseball Events Coordinator

Stewart Howe - Umpires Coordinator

