

INSIDE THE BV ZONE

TO:	BASEBALL VICTORIA MEMBERS
DATE:	18 JUNE 2021
FROM:	BASEBALL VICTORIA
SUBJECT:	COVID-19 UPDATE, MENTAL HEALTH RESOURCES, BLACKBURN
	COMMITTEE, AVAILABLE GRANTS, BV TV, LIFEBLOOD

Baseball Victoria COVID-19 Update

Restrictions have eased in metropolitan Melbourne, allowing for a return to training and competition across all age groups for winter baseball.

The changes to restrictions now in effect include:

- 25km travel radius removed, allowing for travel between metropolitan Melbourne and regional Victoria.
- Masks must be worn indoors except if at home, or if an exception applies, and masks are
 recommended to be worn outdoors where 1.5 metres physical distancing cannot be maintained.
- Density limits increased in public settings including workplaces and restaurants.
- Community sport open for all ages both training and competition, limited to the minimum number of people required to participate in and facilitate the activity (players and coaches) and within venue limits.
- Spectators are allowed within venue limits in regional Victoria, while no spectators are allowed in metropolitan Melbourne, other than people necessary for events.

The Victorian Government has provided this <u>Table of Restrictions from 11:59pm on Thursday 17 June</u> <u>2021</u> which defines the changes for regional Victoria and metropolitan Melbourne.

"We are pleased with the further easing of restrictions, and we are looking forward to more baseball activity across our state," Baseball Victoria CEO Kristie Middleton said. "Participant safety remains our top priority and we will continue working with the Victorian Government and our stakeholders to ensure a safe sporting experience for our baseball community."

The updated Return to Play COVIDSafe Plan and more resources are available <u>HERE</u>. View our frequently asked questions <u>HERE</u>. Click <u>HERE</u> for the full update, including information on exposure sites, testing and vaccines.

Mental Health Resources

It's great to be returning to activity and play, and we hope all our Victorian baseballers stay safe and healthy as we head back to the diamond. We encourage our members to stay connected with their loved ones and teammates, and check out the variety of mental health resources available, including <u>R U OK?</u>, <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u>, and <u>Beyond Blue</u>. View a comprehensive list of mental health resources from the Department of Health and Human Services and Victorian State Government <u>HERE</u>.

Blackburn Baseball Club Introduces New Committee With Women at the Helm

Blackburn Orioles Baseball Club announced the new committee for the 2020/21 VSBL season following the club's AGM last week, with females heading up the junior and senior clubs for the first time in club history.

Five of the 12 committee members are women, with Brooke Tierney stepping into the role of club president, following in the footsteps of Russell Hodgson who spent three years at the helm as the Orioles won back-to-back Division 1 premierships and a club championship. Patrick White will take over as secretary while David Gow will remain as club treasurer. Tannealle Marshall and Louise Godden have come on board, sharing the junior presidents role.

President Brooke Tierney says she is excited to take on the new role two years after she first joined the committee, and collaborate with a strong group of leaders, both male and female. "We are helping set the agenda instead of being expected to type it up and that is so important to our sport and life in general," Tierney said. "Women aren't any better or worse but offer a different perspective and mindset that can only make teams stronger. I am personally pretty proud of where the club sits today - women leading the committee and it not even being something we need to talk about."

Click <u>HERE</u> to read the full story.

Available Grants

As a reminder, the second round of funding is open for the Victorian Government's \$21 million Get Active Kids Voucher Program. The program offers vouchers to help eligible kids get involved in organised sport and recreation activities by providing up to \$200 towards the cost of membership and registration fees, sports equipment or uniforms (new or second-hand).

Applications are now open <u>HERE</u> until 5pm on Friday 9 July 2021. Applicants can claim eligible expenses incurred between 1 January 2021 and 9 July 2021. Click <u>HERE</u> to view more available grants.

Baseball Training on BV TV

Victorian baseballers can keep training whenever they'd like with our <u>At-Home Baseball Training</u> and <u>Ramp Up to Play</u> videos on <u>BV TV</u>. There are plenty of hitting, fielding, throwing, and ball handling drills to boost your baseball skills. You can also check out the 2021 Baseball Victoria Awards Night Livestream and highlights <u>HERE</u>. For more baseball content, follow us on <u>TikTok</u> and <u>Instagram</u>.

Australian Red Cross Lifeblood Teams Program

It's National Blood Donor Week, and Baseball Victoria is proud to be a part of the <u>Australian Red Cross</u> <u>Lifeblood Teams Program</u>, which provides life-saving blood and plasma donations to thousands of Australians every year. Our donations have saved 99 lives so far in 2021 and we look forward to saving more in the coming months, as Australia needs 31,000 blood donations every week.

Learn more about Lifeblood safety measures <u>HERE</u> and sign up to join the Baseball Victoria Lifeblood Team <u>HERE</u>. You can find future pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app, or on 13 14 95.

The BV Team

Kristie Middleton – CEO Tania Newcombe - Financial Controller Damian Shanahan – Talent Development Manager Kellie Thomas - Operations Coordinator Rachael Bouley - Communications and Digital Media Coordinator Sam Gillett – Baseball Events Coordinator Stewart Howe - Umpires Coordinator







