

# INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 4 JUNE 2021

FROM: BASEBALL VICTORIA

SUBJECT: COVID-19 UPDATE, MENTAL HEALTH RESOURCES, BV TV,

AVAILABLE GRANTS, LIAM SPENCE All-SEC FIRST TEAM,

**LIFEBLOOD** 

#### **Baseball Victoria COVID-19 Update**

Following the Victorian Government's announcements on Wednesday 2 June 2021, Baseball Victoria confirmed the cancellation of all baseball activity in metropolitan Melbourne until 11:59pm on Thursday 10 June 2021 in line with the extended lockdown.

Restrictions have eased in regional Victoria, allowing for a return to junior competition (training and play) and senior training in groups of 10 people. Metropolitan Melbourne members are NOT permitted, as juniors or seniors, to travel to regional Victoria for play or training.

Baseball Victoria has updated the <u>Return to Play COVIDSafe Plan (Version 18)</u> to reflect these restrictions and provide details for clubs and councils on our regional activities.

The Victorian Government has provided this <u>Table of Restrictions from Thursday 3 June 2021</u> which defines the changes for regional Victoria and metropolitan Melbourne.

"As lockdown restrictions continue, we want to thank our Victorian baseball community for doing their part to stay safe and stop the spread," Baseball Victoria CEO Kristie Middleton said. "We know it can be tough, but it's so important that we follow the Victorian Government's restrictions so that we can get back to baseball as soon as it's safe to do so. Baseball Victoria will remain in regular communication with clubs and stakeholders to provide updates on the winter season and our Return to Play COVIDSafe Plan, including the updated COVIDSafe settings for regional Victoria and metropolitan Melbourne.

Click **HERE** for the full update, including information on exposure sites, testing and vaccines.

View our COVID-19 club resources and generic COVIDSafe plan <u>HERE</u>. There is also a comprehensive list of resources available on our General Information Hub HERE.

#### **Mental Health Resources**

Victoria continues to deal with COVID challenges, and we want our baseball community to stay safe and healthy. We encourage everyone to stay in touch with family, friends, and teammates, even if it has to be virtually for now. Mental health support is available from a variety of resources, including R U OK?, Headspace, Kids Helpline, Lifeline, and Beyond Blue.

View a comprehensive list of mental health resources from the Department of Health and Human Services and Victorian State Government <u>HERE</u>.

Let's all stay healthy so we can get back on the diamond as soon as it's safe to do so.

## **Baseball Training on BV TV**

Victorian baseballers can keep training with our <u>At-Home Baseball Training</u> videos on <u>BV TV</u>. This series covers hitting, fielding, throwing, and ball handling drills to help you stay on top of your baseball skills. You can also check out the 2021 Baseball Victoria Awards Night Livestream <u>HERE</u>.

For more baseball content, please follow Baseball Victoria on TikTok <u>HERE</u> and Instagram <u>HERE</u>. Click HERE to catch up on the latest news from Baseball Victoria.

#### **Available Grants**

There are several funding opportunities available, including the second of the Victorian Government's \$21 million Get Active Kids Voucher Program. The program offers vouchers to help eligible kids get involved in organised sport and recreation activities by providing up to \$200 towards the cost of membership and registration fees, sports equipment or uniforms (new or second-hand).

Applications are now open <u>HERE</u> until 5pm on Friday 9 July 2021. Applicants can claim eligible expenses incurred between 1 January 2021 and 9 July 2021. Click <u>HERE</u> to view more available grants.

### **Victorian Liam Spence Named to All-SEC First Team**

Victorian Liam Spence is thriving in college baseball, earning a spot on the All-SEC First Team following a stellar season with Tennessee. Spence was one of three Vols announced in the team by the Southeastern Conference after being named at shortstop.

The Baseball Victoria Aces Academy and Geelong Baycats alum was one of the top hitters in the SEC throughout the season, reaching base in all but two conference games. He achieved a 50-game on-base streak this season, the longest in college baseball, and led the league in on-base percentage (.493) and walks (32) in conference-only games with a .342 average.

Click <u>HERE</u> to read more and follow Spence and the Vols as Tennessee's postseason continues <u>HERE</u>.

#### **Australian Red Cross Lifeblood Teams Program**

Baseball Victoria is a proud member of the <u>Australian Red Cross Lifeblood Teams Program</u>, which provides life-saving blood and plasma donations to thousands of Australians every year.

Our donations have already saved 93 in 2021 and we look forward to saving more in the coming months. Australia needs 31,000 blood donations every week, and Lifeblood is an essential medical/caregiving service that remains open during lockdown.

Learn more about Lifeblood safety measures <u>HERE</u> and sign up to join the Baseball Victoria Lifeblood Team <u>HERE</u>.

You can find future pop-up clinics in your area or book your blood bank appointment at donateblood.com.au, on the Lifeblood app, or on 13 14 95.

## The BV Team

Kristie Middleton - CEO

Tania Newcombe - Financial Controller

**Damian Shanahan** – Talent Development Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Sam Gillett – Baseball Events Coordinator

Stewart Howe - Umpires Coordinator





