

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 16 JULY 2021

FROM: BASEBALL VICTORIA

SUBJECT: COVID-19, MENTAL HEALTH, BASEBALL TRAINING ON BV TV, QR

CODE, LIAM SPENCE MLB DRAFT, GET ACTIVE KIDS, LIFEBLOOD

Baseball Victoria COVID-19 Update

Following the Victorian Government's announcements on Thursday 15 July 2021, Baseball Victoria confirmed the cancellation of all baseball activity statewide to comply with the five-day snap circuit breaker lockdown, currently set to last until 11:59pm on Tuesday 20 July 2021.

Due to these new restrictions, the Baseball Victoria Board confirmed the cancellation of the Under 12 State Winter Championships, scheduled for 17-18 July 2021 in Morwell. We continue to review the rest of the State Winter Championships events as they approach, and any future decisions will be based on the eventual easing of restrictions with participant and community safety as the top priority.

Baseball Victoria will provide further details as they are made available from the Victorian Government throughout this evolving COVID situation.

The current restrictions in Victoria are:

- Only five reasons to leave home:
 - shopping for necessary goods and services (within 5km radius of home unless not available within)
 - two hours of exercise (within 5km radius of home unless not available within)
 - o caregiving/compassionate/medical reasons
 - o authorised work or permitted education
 - getting the coronavirus vaccine
- No public or private gatherings
- No community sport
- Masks must be worn both indoors and outdoors unless an exemption applies

Please click <u>HERE</u> to read our full update, including information on exposure sites, testing, vaccines, and additional resources.

Mental Health Resources

We know it's tough to be back in lockdown, but we are looking forward to getting back to baseball once it's safe to do so. Until then, we encourage everyone to stay in touch with family, friends, and teammates during these challenging circumstances. Check out a wide variety of mental health resources available, including R U OK?, Headspace, Kids Helpline, Lifeline, and Beyond Blue.

View a comprehensive list of mental health resources from the Department of Health and Human Services and Victorian State Government <u>HERE</u>.

Baseball Training on BV TV

While we are in lockdown for the time being, we have an array of hitting, fielding, throwing, and ball handling drills on the <u>BV TV</u> YouTube Channel.

Check out our <u>At-Home Baseball Training</u> series, game replays, and much more. Stay up-to-date with the latest baseball news <u>HERE</u> and follow us on <u>TikTok</u> and <u>Instagram</u> for more baseball content.

Service Victoria QR Code

As a reminder, the Service Victoria QR Code app is free for all Victorian businesses, organisations, clubs and events. The QR code service is helping contact tracers during this COVID-19 outbreak. Service Victoria has provided additional resources for QR codes with more details available HERE. While baseball venues are currently closed, you can learn more about this check-in service and how to use it effectively HERE.

Victorian Liam Spence Selected With 154th Pick at MLB Draft

Congratulations to Geelong's Liam Spence on being selected by the Chicago Cubs with the 154th pick in the 2021 Major League Baseball Draft. The 23-year-old Victorian infielder and Aces Academy alum was named by the Cubs with their fifth round selection this week. His selection followed an impressive college campaign with Tennessee which saw him named in All-SEC First Team. He hit .336 and led the Southeastern Conference with an on-base percentage of .472.

Click **HERE** to read more.

Get Active Kids Voucher Program

The application period for Round 2 of the *Get Active Kids Voucher Program* has been extended_by three weeks to 5:00pm on Friday 30 July 2021. More than 16,000 vouchers have already been snapped up, but there are still vouchers worth up to \$200 for eligible Victorian kids to join in the fun of sport and recreation.

These vouchers can be used toward the cost of membership and registration fees, sports equipment, or uniforms (new or second-hand). Applicants can claim eligible expenses incurred between 1 January 2021 and 30 July 2021. Learn more and apply <u>HERE</u>.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is excited to share we have saved over 100 lives in 2021 as part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which delivers life-saving blood and plasma donations to thousands of Australians every year. Our donations have saved 117 lives so far in 2021 and we look forward to saving more in the coming months, as Australia needs 31,000 blood donations every week.

Lifeblood is an essential service that remains open during lockdown. Click <u>HERE</u> to learn more about Lifeblood safety measures and sign up to join the Baseball Victoria Lifeblood Team <u>HERE</u>. You can find future pop-up clinics in your area or book your blood bank appointment at <u>donateblood.com.au</u>, on the Lifeblood app, or on 13 14 95.

The BV Team

Kristie Middleton - CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Sam Gillett – Baseball Events Coordinator

Stewart Howe - Umpires Coordinator





