

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS

DATE: 9 JULY 2021

FROM: BASEBALL VICTORIA

SUBJECT: COVID-19, MENTAL HEALTH, SWC, QR CODE, GET ACTIVE KIDS,

BV TV, LIFEBLOOD

Baseball Victoria COVID-19 Update

Following a week of no coronavirus cases, the Victorian Government announced the further easing of restrictions to bring metropolitan Melbourne in line with regional Victoria. These changes include increased density limits and the easing of mask requirements in schools or workplaces that are not public-facing.

For community sport, a density quotient of 1 person per 2 sqm now applies when using a COVID Check-in Marshal, otherwise, a density quotient of 1 person per 4sqm applies. Community sport remains open for all ages both training and competition within these venue limits and subject to all COVIDSafe settings.

This <u>Table of Restrictions from 11:59pm on Thursday 8 July 2021</u> defines changes to the statewide settings.

Click HERE for the full statement from the Victorian Government.

Please click <u>HERE</u> for details on additional testing and quarantine requirements for Victorians returning from interstate travel.

Click <u>HERE</u> to view our Return to Play COVIDSafe Plan.

View our frequently asked questions <u>HERE</u>, and remember to check in whenever you go out in the community, including to baseball training or games.

Mental Health Resources

It's exciting that baseball is back, and we hope all our Victorian baseballers are enjoying the winter season. We encourage everyone to stay in touch with family, friends and teammates.

Check out a wide variety of mental health resources available, including <u>R U OK?</u>, <u>Headspace</u>, <u>Kids Helpline</u>, <u>Lifeline</u>, and <u>Beyond Blue</u>.

View a comprehensive list of mental health resources from the Department of Health and Human Services and Victorian State Government <u>HERE</u>.

2021 State Winter Championships

We are looking forward to the 2021 State Winter Championships, which start next weekend with the Under 12 event in Morwell.

Click <u>HERE</u> to visit the State Winter Championships event hub, where you can view the tournament handbook and frequently asked questions.

Service Victoria QR Code

The Service Victoria QR Code app is free for all Victorian businesses, organisations, clubs and events. This service helps contact tracers to contain a COVID-19 outbreak. Service Victoria has provided additional resources for QR codes with more details available <u>HERE</u>. All venues and facilities must use this check-in service, which you can learn more about <u>HERE</u>.

Get Active Kids Voucher Program

The application period for Round 2 of the *Get Active Kids Voucher Program* has been extended_by three weeks to 5:00pm on Friday 30 July 2021. More than 16,000 vouchers have already been snapped up, but there are still vouchers worth up to \$200 for eligible Victorian kids to join in the fun of sport and recreation.

These vouchers can be used toward the cost of membership and registration fees, sports equipment, or uniforms (new or second-hand). Applicants can claim eligible expenses incurred between 1 January 2021 and 30 July 2021. Learn more and apply <u>HERE</u>.

Baseball Training on BV TV

Visit <u>BV TV</u> for <u>At-Home Baseball Training</u> and <u>Ramp Up to Play</u> videos with hitting, fielding, throwing, and ball handling drills, plus the <u>2021 Baseball Victoria Awards Night Livestream</u> and much more. Stay up-to-date with the latest baseball news <u>HERE</u> and follow us on <u>TikTok</u> and <u>Instagram</u> for more baseball content.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is excited to share we have saved over 100 lives in 2021 as part of the <u>Australian Red Cross Lifeblood Teams Program</u>, which delivers life-saving blood and plasma donations to thousands of Australians every year. Our donations have saved 111 lives so far in 2021 and we look forward to saving more in the coming months, as Australia needs 31,000 blood donations every week.

"Thank you to everyone from the Victorian baseball community who has joined Baseball Victoria on Lifeblood Teams and given back through blood donation," Baseball Victoria CEO Kristie Middleton said. "We are pleased to be making a difference and we look forward to a strong second half of the year where we can save more lives."

Click <u>HERE</u> to learn more about Lifeblood safety measures and sign up to join the Baseball Victoria Lifeblood Team HERE.

You can find future pop-up clinics in your area or book your blood bank appointment at donateblood.com.au, on the Lifeblood app, or on 13 14 95.

The BV Team

Kristie Middleton - CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Sam Gillett – Baseball Events Coordinator **Stewart Howe** - Umpires Coordinator





