

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 13 AUGUST 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19, MENTAL HEALTH, ACES ACADEMY PLAYERS AT COLLEGE, NATIONAL JUNIOR CAMP UPDATE, BASEBALL TRAINING ON BV TV, CLUB ADS, LIFEBLOOD

Baseball Victoria COVID-19 Update

All baseball activity in metropolitan Melbourne is currently cancelled to comply with the extended lockdown, currently in place until 11:59pm on Thursday 19 August 2021.

Following the lifting of lockdown restrictions in regional Victoria earlier this week, community sport has resumed for all ages, including training and competition. Only the minimum number of participants (players, coaches, referees, officials, and carers or parents) needed to train or compete are permitted to attend, subject to a density quotient of 1 person per 4 sqm. Spectators are not permitted.

Regional baseball clubs need council permission to return and must adhere to the Baseball Victoria Return to Play COVIDSafe Plan, available [HERE](#).

As a reminder, the lockdown restrictions in metropolitan Melbourne are:

- Only five reasons to leave home:
 - shopping for necessary goods and services (within 5km radius of home unless not available within)
 - two hours of exercise (within 5km radius of home unless not available within)
 - caregiving/compassionate/medical reasons
 - authorised work or permitted education
 - getting the coronavirus vaccine
- No public or private gatherings
- No community sport
- Masks must be worn both indoors and outdoors unless an exemption applies

Click [HERE](#) for all the latest details including information on getting tested and vaccinated.

For the Baseball Victoria Return to Play COVIDSafe Plan and more resources, click [HERE](#).

Mental Health Resources

We welcome the easing of restrictions in regional Victoria but acknowledge the continued challenges of lockdown in metropolitan Melbourne.

We wish to remind our baseballers to stay in touch and check in with family, friends, and teammates. There are many mental health resources available, including [R U OK?](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#), and [Beyond Blue](#).

View a comprehensive list of mental health resources from the Department of Health and Human Services and Victorian State Government [HERE](#).

[Baseball Victoria Aces Academy Players Head to College](#)

Eight current Baseball Victoria Aces Academy players are heading off to college in the U.S. to continue their baseball careers. We wish the best of luck to Victorians Ben Fierenzi, Henry Hayman, Conor Myles, Zak Skinner, Joshua Smith, Jarryd Wood, Jack Hanger, and Harun Pelja on their exciting new adventures.

Click [HERE](#) to read the latest stories on Academy players taking the next step in their baseball journeys with college baseball.

[Baseball Australia Update on National Junior Camp](#)

This week Baseball Australia confirmed the difficult decision to cancel the National Junior Camp planned for later this year due to the ongoing COVID-19 pandemic.

Instead, Baseball Australia will work with states and Australian Baseball League clubs to, subject to COVID restrictions, provide players the chance to participate in high-level gameplay.

Click [HERE](#) to view the full list of players named to National Junior Camp squads, including Victorian representatives.

[Baseball Training on BV TV](#)

Don't forget to check out [BV TV](#) for our [At-Home Baseball Training](#) videos featuring hitting, fielding, throwing, and ball handling drills. We also have game replays, interviews, and many more playlists. Stay up-to-date with the latest baseball news [HERE](#) and follow us on [TikTok](#) and [Instagram](#) for more baseball content.

[Club Advertisements](#)

There are several coaching opportunities available at local clubs, including Footscray, Fitzroy, and Werribee. Click [HERE](#) to learn more about these coaching roles and what each club is looking for.

[Australian Red Cross Lifeblood Teams Program](#)

Baseball Victoria is excited to share we have saved 132 lives in 2021 as part of the [Australian Red Cross Lifeblood Teams Program](#), which delivers life-saving blood and plasma donations to thousands of Australians every year. We look forward to saving more in the coming months, as Australia needs 31,000 blood donations every week.

Lifeblood, which remains open as an essential service during lockdown, is currently running a Local Sporting Clubs Blood Challenge through 30 September 2021 and local baseball clubs are encouraged to join. Click [HERE](#) to learn more about the challenge and how you can get involved. Read about Lifeblood safety measures [HERE](#) and sign up to join the Baseball Victoria Lifeblood Team [HERE](#).

[The BV Team](#)

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