

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 10 SEPTEMBER 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, MENTAL HEALTH, AT-HOME BASEBALL TRAINING, COACHING ACCREDITATION, CLUB ADS, SPORTING CLUB GRANTS, LIFEBLOOD

Baseball Victoria COVID-19 Update

Following the lifting of lockdown restrictions in regional Victoria, Baseball Victoria confirms three VSBL clubs may return to training. This includes Ballarat Royals, Geelong Baycats, and Mitchell Majors as VSBL clubs in regional Victoria.

Current restrictions on community sport in regional Victoria allow for permitted outdoor training only with the minimum number required to train. Spectators are prohibited except one parent permitted to supervise children. All players are required to complete the [return to training registration](#) for regional Victoria, and clubs must maintain an attendance register and COVID-19 restriction compliance documentation.

Most winter associations cancelled the remainder of their seasons last month. Winter associations that wish to return to limited training may do so with council approval and in line with the [Baseball Victoria COVIDSafe Plan](#) in hopes of completing their seasons once a return to competition is allowed.

The Victorian Government has provided this [table of restrictions](#) outlining the changes for regional Victoria and the current lockdown settings for metropolitan Melbourne.

Lockdown restrictions remain the same in metropolitan Melbourne, with all baseball activity cancelled until lockdown is eventually lifted and community sport is allowed to resume. The return to community sport in metropolitan Melbourne remains undetermined at this stage, with further clarification expected over the coming weeks and months.

Baseball Victoria continues to closely monitor this evolving situation to provide regular updates to VSBL clubs regarding plans for the start of the summer season. Baseball Victoria Aces Academy remains online, and no baseball clubs in metropolitan Melbourne may conduct training, come and try days, or any in-person activities.

Click [HERE](#) to read all the details, including information on testing, vaccines, and club resources.

Mental Health Resources

This week marked R U OK Day, which is a good reminder to reach out and check in on family, friends, teammates and colleagues. This year's message is "are they really OK?" Ask them today. Your conversation could change a life.

For more information from R U OK? and mental health resources, visit our [website](#).

View a comprehensive list of mental health resources from the Victorian State Government [HERE](#).

At-Home Baseball Training on BV TV

There's new [At-Home Baseball Training](#) throwing videos on [BV TV](#), including drills like shortstop feeds, redirects, rollouts, and more. We also have a wide variety of hitting, fielding, and ball handling drills, plus game replays, interviews, and historic baseball moments. Keep up-to-date on all the latest Victorian baseball stories [HERE](#) and stay connected with us on [TikTok](#) and [Instagram](#) for more baseball content.

USA Coaching Accreditation

As a reminder, USA Coaching Accreditation is available online, so anyone planning to coach this summer can complete their coaching accreditation ahead of the season.

The USA Baseball Coaches Certification Program offered through Baseball Australia consists of three certification levels (A, B, and C). Certification A and B are free of costs with Certification C requiring a cost recovery for the practical assessment.

Baseball Victoria is preparing to offer practical sessions once lockdown restrictions ease. Click [HERE](#) for an overview of the National Coach Accreditation Scheme and get started on coaching accreditation online today.

Club Advertisements

The Baseball Umpires Association of Victoria is encouraging baseballers to come and try umpiring, and Preston Pirates Baseball Club is holding an online info session. Click [HERE](#) to see more from our club advertisements page.

SRV Sporting Club Grants Program

Applications are open through Thursday 30 September 2021 for SRV Sporting Club Grants. This program provides grants to assist grassroots clubs and sporting organisations that incurred financial losses during Victorian lockdowns. Click [HERE](#) to learn more about Sporting Club Grants and apply today.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is excited to share we are up to 165 lives saved this year as part of the [Australian Red Cross Lifeblood Teams Program](#), which delivers life-saving blood and plasma donations to thousands of Australians every year. We look forward to saving more lives in the coming months, as Australia needs 31,000 blood donations every week.

Lifeblood, which remains open as an essential service during lockdown, is currently running a Local Sporting Clubs Blood Challenge through 30 September 2021 and local baseball clubs are encouraged to join. Click [HERE](#) to learn more about the challenge and how you can get involved. Read about Lifeblood safety measures [HERE](#) and sign up to join the Baseball Victoria Lifeblood Team [HERE](#).

The BV Team

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