

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 24 SEPTEMBER 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, MENTAL HEALTH RESOURCES, AT-HOME BASEBALL TRAINING, COACHING ACCREDITATION, SPORTING CLUB GRANTS, VICTORIAN BASEBALL SCORERS AGM, LIFEBLOOD

Baseball Victoria COVID-19 Update

The Victorian Government released its roadmap to reopening and delivering the National Plan on Sunday, providing an outline on the easing of restrictions in the coming weeks and months.

Baseball Victoria is awaiting further clarification from Sport and Recreation Victoria on the details of this reopening roadmap for community sport and what it means for the start of the 2021/22 VSBL season. This plan outlines several key milestones with the easing of restrictions on community sport dependent on when Victoria reaches its 70 and 80 percent fully vaccinated targets. We will continue to provide updates to VSBL clubs and members accordingly, including planned season start dates as we draw closer.

As a reminder, the lockdown restrictions in metropolitan Melbourne, Geelong, the Surf Coast, and Mitchell Shire include:

- Six reasons to leave home:
 - shopping for necessary goods and services (within 10km radius of home unless not available within)
 - four hours of exercise (within 10km radius of home unless not available within, and with only one other person)
 - caregiving/compassionate/medical reasons
 - authorised work or permitted education – with valid permit only
 - getting the coronavirus vaccine
 - outdoor social interaction (picnic, walk, or other outdoor activity) with another person not from your household. Up to five adults (plus dependents) from two households may gather outdoors if all adults are fully vaccinated.
- No public or private gatherings other than for permitted outdoor social interaction
- Two people may train outdoors with a personal trainer
- No community sport
- Masks must be worn both indoors and outdoors unless an exemption applies
- Daily curfew from 9pm – 5am (metropolitan Melbourne only)

Click [HERE](#) to read all the latest updates, including the limited return to training in Ballarat.

Mental Health Resources

We are excited to see Victoria's Roadmap and look forward to the eventual easing of restrictions, but we know these times are still very challenging for so many Victorians. We wish to remind our baseballers to stay in touch and check in with family, friends, and teammates. There are many mental health resources available, including [R U OK?](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#), and [Beyond Blue](#).

For important mental health resources during these challenging times, please visit our [website](#).

[At-Home Baseball Training on BV TV](#)

If you're looking for something to keep you busy over the long weekend, check out our new [At-Home Baseball Training](#) videos on [BV TV](#). We have the top throwing, hitting, fielding, and ball handling drills, plus game replays, interviews, and historic baseball moments.

Keep up-to-date on all the latest Victorian baseball stories [HERE](#) and connect with us on [TikTok](#) and [Instagram](#) for more baseball content from across our state and beyond.

[USA Coaching Accreditation](#)

As a reminder, USA Coaching Accreditation is available online, so anyone wanting to coach this summer can complete their coaching accreditation ahead of the season. The USA Baseball Coaches Certification Program offered through Baseball Australia consists of three certification levels (A, B, and C). Certification A and B are free with Certification C requiring a cost recovery for the practical assessment.

Baseball Victoria is preparing to offer practical sessions once lockdown restrictions ease. Click [HERE](#) for an overview of the National Coach Accreditation Scheme and get started on coaching accreditation online today.

[SRV Sporting Club Grants](#)

There's less than one week left to apply for SRV Sporting Club Grants, with applications closing on Thursday 30 September. This program provides grants to assist grassroots clubs and sporting organisations that incurred financial losses during Victorian lockdowns. Click [HERE](#) to learn more about Sporting Club Grants and apply today.

[Victorian Baseball Scorers Inc Notice of AGM 2021](#)

The Victorian Baseball Scorers Inc. will hold its AGM via Zoom on Wednesday 20 October 2021 at 7.00pm. All scorers are welcome to attend. Please click [HERE](#) for the full AGM notice and click [HERE](#) for committee nominations.

[Australian Red Cross Lifeblood Teams Program](#)

Baseball Victoria has saved 168 lives this year as part of the [Australian Red Cross Lifeblood Teams Program](#), which delivers life-saving blood and plasma donations to thousands of Australians every year. We look forward to saving more lives before the year is over, as Australia needs 31,000 blood donations every week.

As a reminder, Lifeblood's Local Sporting Clubs Blood Challenge runs through 30 September 2021. Click [HERE](#) to learn more about the challenge and how local baseball clubs can get involved. Read about Lifeblood safety measures [HERE](#) and sign up to join the Baseball Victoria Lifeblood Team [HERE](#).

[The BV Team](#)

Gemma Scales – Interim CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Danny Haymes – VSBL Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Sam Gillett – Baseball Events Coordinator

Keli'i Zablan - Coach and Player Pathways Coordinator

