

INSIDE THE BV ZONE

TO: BASEBALL VICTORIA MEMBERS
DATE: 3 SEPTEMBER 2021
FROM: BASEBALL VICTORIA
SUBJECT: COVID-19 UPDATE, MENTAL HEALTH RESOURCES, BV TV,
COACHING ACCREDITATION, SPORTING CLUB GRANTS,
LIFEBLOOD

Baseball Victoria COVID-19 Update

Following the Victorian Government's announcements on the extension of the statewide lockdown, Baseball Victoria confirms all baseball activity remains cancelled until lockdown is eventually lifted and community sport is allowed to resume.

Victoria's Chief Health Officer has declared that almost all of the current lockdown restrictions will remain in place until 70 percent of eligible Victorians have had at least one dose of vaccine. This is estimated to be around Thursday 23 September 2021 but may change based on vaccination rates. The Victorian Government will consider easing restrictions in parts of regional Victoria next week, subject to public health advice.

Baseball Victoria continues to closely monitor this evolving situation, with regular updates provided to winter associations and VSBL clubs, particularly regarding plans for the start of the summer season. Baseball Victoria Aces Academy remains online, and no Victorian baseball clubs may conduct training, come and try days, or any in-person activities.

As a reminder, the statewide lockdown restrictions include:

- Only five reasons to leave home:
 - shopping for necessary goods and services (within 5km radius of home unless not available within)
 - two hours of exercise (within 5km radius of home unless not available within, and with only one other person)
 - caregiving/compassionate/medical reasons
 - authorised work or permitted education – with valid permit only
 - getting the coronavirus vaccine
- No public or private gatherings
- No community sport
- Masks must be worn both indoors and outdoors unless an exemption applies
- Daily curfew from 9pm – 5am (metropolitan Melbourne only)

Click [HERE](#) to read all the details, including information on testing, vaccines, and club resources.

Mental Health Resources

We know the extension of lockdown is tough, and it's important to prioritise mental health during these challenging times. In addition to staying in touch with family, friends, and teammates, you can access a variety of mental health resources online, including [R U OK?](#), [Headspace](#), [Kids Helpline](#), [Lifeline](#), and [Beyond Blue](#).

View a comprehensive list of mental health resources from the Victorian State Government [HERE](#).

Baseball Training on BV TV

There's new [At-Home Baseball Training](#) throwing videos on [BV TV](#), and we hope you'll check them out to keep busy during lockdown. We also have a wide range of hitting, fielding, and ball handling drills, plus game replays, interviews, and many more playlists.

Stay up-to-date with all the latest Victorian baseball news [HERE](#) and follow us on [TikTok](#) and [Instagram](#) for more baseball content.

USA Coaching Accreditation

As a reminder, USA Coaching Accreditation is available online during lockdown. This is a great opportunity for anyone planning to coach this upcoming season to complete their coaching accreditation.

The USA Baseball Coaches Certification Program offered through Baseball Australia consists of three certification levels (A, B, and C). Certification A and B are free of costs with Certification C requiring a cost recovery for the practical assessment.

Baseball Victoria is preparing to offer practical sessions once lockdown restrictions ease. Click [HERE](#) for an overview of the National Coach Accreditation Scheme and get started on coaching accreditation online today.

SRV Sporting Club Grants Program

The application deadline for the latest round of Sport and Recreation Victoria's Sporting Club is Thursday 16 September 2021. This program provides grants to assist grassroots clubs and sporting organisations that incurred financial losses during recent Victorian lockdowns. Click [HERE](#) to learn more about Sporting Club Grants and apply today.

Australian Red Cross Lifeblood Teams Program

Baseball Victoria is excited to share we are up to 150 lives saved this year as part of the [Australian Red Cross Lifeblood Teams Program](#), which delivers life-saving blood and plasma donations to thousands of Australians every year. We look forward to saving more lives in the coming months, as Australia needs 31,000 blood donations every week.

Lifeblood, which remains open as an essential service during lockdown, is currently running a Local Sporting Clubs Blood Challenge through 30 September 2021 and local baseball clubs are encouraged to join. Click [HERE](#) to learn more about the challenge and how you can get involved.

Read about Lifeblood safety measures [HERE](#) and sign up to join the Baseball Victoria Lifeblood Team [HERE](#).

The BV Team

Gemma Scales – Interim CEO

Tania Newcombe - Financial Controller

Damian Shanahan – Talent Development Manager

Danny Haymes – VSBL Manager

Kellie Thomas - Operations Coordinator

Rachael Bouley - Communications and Digital Media Coordinator

Sam Gillett – Baseball Events Coordinator

Keli'i Zablan - Coach and Player Pathways Coordinator

Stewart Howe - Umpires Coordinator

